



Carleton House

Preparatory School

Weekly Menu 20th May 2024

Available Daily: Chefs' Soup of the day, selection of sandwiches, jacket potatoes with a choice of fillings

	Main	Veg Option	Sides	Dessert
Monday	Homemade Tomato Pasta Bake	Tomato, roast veg, mix leaf salad	Garlic bread	Fresh fruit, Homemade Lemon sponge cake, homemade choc flapjack

	Main	Veg Option	Sides	Dessert
Tuesday	Soy marinated Chicken & Noodle stir fry	Vegetable and noodle Stir fry	Roasted broccoli and carrot	Fresh Fruit bowl Exotic Fruit Salad Assorted Jelly & Yogurts

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Wednesday	Roast Chicken or Maple Glazed gammon	Nutless Roast Cauliflower Cheese	Carrot and Suede Vegetables Gravy Roast Potatoes	Fresh fruit bowl Chocolate Mousse Belgian Waffles

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Thursday	100% British Pork Hot Dog (Chicken Halal alternative)	Vegetarian Sausage Hot Dog	Peas & Sweetcorn, Carmelised Onion, Skin on fries	Fresh Fruit bowl Exotic Fruit Salad Assorted Jelly & Yogurts

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Friday	Cod Fish Fingers	Veggie Bites	Chunky chips Baked Beans Curry Sauce	Fresh fruit bowl Homemade Victoria Sponge Tray Bake