



Carleton House

Preparatory School

Carleton 4 Life Policy

Policy incorporates

PSHE Policy

RSE Policy

Citizenship and British Values

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Mission Statement

We live, love and learn with Jesus.

Aim

The Carleton 4 Life curriculum includes all aspects of PSHE, RSE, Citizenship and our British Values.

We aim to provide a meaningful programme for our children that meets both their needs and the statutory requirements of RSE and PRE and which aligns with the school's Catholic mission.

This policy is reviewed bi annually and will be presented to the Curriculum and Safeguarding Governor's committee for approval and ratification. This policy is available on the school website.

Statutory Requirements

This policy incorporates and succeeds the RSE, PSHE and Citizenship policies. This policy meets statutory requirements for teaching, as in the previous PSHE and Citizenship policy, as well as covering new PRE and RSE requirements.

At Carleton House, we provide Relationships Education to all pupils as per section 34 of the Children and Social work act 2017. In teaching Relationship and Sex Education, we have regard to Catholic Education Service guidance issued by the Bishops Conference of England and Wales 2017.

This is statutory guidance from the Department for Education issued under Section 80A of the Education Act 2002 and section 403 of the Education Act 1996 Appendix A

This is statutory guidance from the Department for Education Equality Act 2010.

For more information from the Department for Education (DfE) please see statutory guidance 'Relationships Education, Relationships and Sex Education (RSE) and Health Education (RSHE)' 2019

Policy Development

The purpose of the Carleton 4 Life policy is to set out the ways in which the school's provision supports pupils through their spiritual, moral, social, emotional and physical development, and prepares them for the opportunities, responsibilities and experiences of life growing up in today's world.

At Carleton House we believe that our curriculum should enable children to become healthier, more independent and more responsible members of society. We also encourage our pupils to play a positive role in contributing to the life of the school and the wider community and, in so doing, develop their sense of self-worth and understanding of the importance of community and cooperation. Furthermore, children learn to appreciate what it means to be a positive member of a diverse and multicultural society through the schools teaching of British Values.

The aims of the Carleton 4 Life policy are to:

- Provide a framework in which sensitive discussions can take place.
- Help pupils develop feelings of dignity, self-worth, self-respect, confidence and empathy.
- Develop self-confidence and self-esteem and make informed choices regarding personal and social issues
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene.
- Teach pupils the correct vocabulary to describe themselves and their bodies.
- Create a positive culture around issues of sexuality and relationships.
- Know and understand a healthy lifestyle

- Be aware of safety issues and how keep themselves and others safe
- Understand what makes for good relationships with others
- Have respect for others
- Be independent and responsible members of a community, such as school
- Be positive and active members of a democratic society
- Develop good relationships with other members of the community.

The policy will be shared via the school website with parents.

Definition

Relationship, Sex and Health Education involves a combination of sharing information, and exploring issues underpinned by our Catholic values. Relationship Sex and Health Education is about the emotional, social and cultural development of pupils, and involves learning about personal relationships, healthy lifestyles, diversity and personal identity.

As above, the name 'RSHE' refers to all teaching that was previously under the name 'PSHE', new Personal Relationships Education objectives and Relationships and Sex Education objectives. In our school these lessons will be known as 'Carleton 4 Life' lessons.

Carleton 4 Life Curriculum

We have developed our curriculum with recommendations from the Archdiocesan Education Department to ensure that they meet with Catholic Church teaching. After consultation with parents, Relationship Sex Education will be covered using the Archdiocesan recommended resource 'Journey In Love' 2020. We have considered the age, stage and feelings of pupils and have consulted with parents and staff to ensure we are offering a quality curriculum which is adequately catered to meet their needs. The content of Journey in Love and how it relates to RSHE can be found in the appendices.

We use the Jigsaw scheme of work to support RSHE lessons and to fulfil the Personal Relationships Education objectives. Additional sessions throughout the year, such as NSPCC 'Talking Pants', provide opportunities to target particular issues or respond to specific needs in different classes. Jigsaw is completed on a class-by-class basis so that the level of the content can be tailored to meet the needs of the children in that class, in an age appropriate manner. See the appendices for Jigsaw content.

The school teaches the Come and See RE scheme of work, which is the Catholic programme ratified by the Archdiocese and supports the fulfilment of objectives for Personal Relationships Education. A table of Come and See content relevant to RSHE can be found in the appendices. For more information about Come and See, please see the RE policy.

If pupils ask questions outside the scope of our curriculum, teachers will respond in an appropriate manner, so pupils are fully informed and do not seek answers online. Staff are encouraged to delay answering pupil's questions if they are unsure of the answer and to consult with RSHE subject lead and/or a member of the Senior Leadership Team. They will provide support to the class teacher in the form of correct subject knowledge and terminology in the light of our Catholic ethos and can also provide support in working with the child if it is deemed necessary or requested by the class teacher.

Planning

Teachers plan Carleton 4 Life lessons using resources including, but not exclusive to:

- Relationships and Sex Education
- Journey in Love – the school’s dedicated resource for delivery of RSE objectives. This has been ratified by the Bishops of England and Wales for use in Catholic schools. Details of Journey in Love content appear in the appendix.
- Personal Relationships Education
- Jigsaw – the school’s primary resource for delivery of PRE objectives. The appendix contains details of the learning themes of each of the six Puzzles (units, which are taught across the school; the learning deepens and broadens every year. The Jigsaw programme offers us a comprehensive, carefully thought-through Scheme of Work which brings consistency and progression to our children’s learning in this vital curriculum area.
- Other opportunities to develop RSHE objectives are provided through our enriched curriculum:
- Through other curriculum areas for example, Science. See the appendices for relevant content from these subjects.

Extra curricular opportunities, e.g.

- School events and visitors
- School and class assemblies
- Designated weeks e.g. firework Safety Week, Anti-Bulling Week, Road Safety Week
- Merit reward system where good behaviour and demonstration of citizenship skills are rewarded as well as academic achievement.

See the appendices for our Enrichment Curriculum - an exemplar map of opportunities by year group.

We also develop our Carleton 4 Life curriculum through various activities and whole school events. We offer residential visits in Key Stage 2 for our Year 4 children who visit Manor Adventure for a weekend, Year 5 children who visit Manor Adventure for a week and for our Year 6 children who visit Manor Adventure, Paris for an activity week. On these trips there is a particular focus on developing pupils’ self-esteem, and giving them opportunities to develop leadership skills, independence and positive group work.

Teachers plan and deliver content based on their knowledge of the class they are teaching. They will consider the age, stage and needs of their cohort and what they have been taught so far.

Assessment

Assessment of achievement and learning in Carleton 4 life lessons is mostly carried out informally by teachers in the course of their teaching. Suitable tasks for assessment could include:

- Small groups discussions perhaps in the context of a practical task
- Short tests in which the teacher gives questions orally and pupils write answers
- Specific assignments for individual pupils
- Individual discussions in which children are encouraged to talk about their own work and progress.

In PSHE and Citizenship there are areas for assessment:

- Pupils’ knowledge and understanding, for example, information on health, understanding of procedures including health and safety
- How well pupils can use their knowledge and understanding in developing skills and attitudes, for example, through participating in discussions, group tasks and activities, resolving conflict, making decisions and promoting positive relationships.

Our teachers assess the children's work in PSHE and Citizenship both by making informal judgements, as they observe them during lessons, and through formal assessments of the work done, gauging it against the specific learning objectives set out in the National Curriculum. We have clear expectations of what the pupils will know, understand and be able to do at the end of each Key Stage.

The assessments that we make of pupil achievement is formative and shows development progress. There is no pass/fail element to it and it may not be linear, as self-esteem, for example, can rise and fall depending upon events in an individual's life.

Feedback to pupils about their own progress in PSHE and Citizenship is achieved through the marking of work and discussion.

Pupils

Pupils are expected to engage fully in RSHE and, when discussing issues related to RSHE, treat others with respect and sensitivity.

In the study of RSHE children will have the opportunity to:

- Work with others, listen to each other's ideas, and treat them with respect
- Have opportunities to consider their own attitudes and values, and those of other people
- Develop respect for evidence and critically evaluate ideas which may or may not fit the evidence available
- Develop a respect for the environment and an ability to evaluate their own and others', effect or impact on it.

Delivery of Relationship, Sex and Health Education (RSHE)

RSHE is taught in Carleton 4 Life lessons, which are timetabled weekly. Some aspects of the RSHE curriculum may be covered in other lessons as it shares links with Religious Education, Science, Computing and Physical Education. Carleton 4 Life is the name given to timetabled RSHE lessons and any supporting activities.

British Values

At Carleton House Preparatory School we value all of our children and families. We are an inclusive Catholic school committed to our faith, welcoming all denominations of girls and boys aged 3-11. We provide an education based on strong moral and personal values with Christ at the centre of all that we do. Our mission statement, 'We Live, Love and Learn with Jesus,' is lived out through our daily interactions. Inclusivity enriches our school; our pupils grow in mutual understanding and respect.

We provide a Catholic curriculum, which is broad and balanced, recognising that every pupil is unique and is created in the image and likeness of God. We want our children to be independent learners so they can make their own choices and build and develop strong relationships and friendships with lots of people. We expect children to join in and try their best and to follow our simple rules. All of these things are the foundations for our children to grow into good citizens and promote the "British Values" of democracy, the rule of law, individual liberty, mutual respect and tolerance.

The appendices contains a table of opportunities whereby British Values are promoted at Carleton House.

Equal Opportunities

All pupils have access to the Carleton 4 Life curriculum. Where pupils have specific educational needs, arrangements for support from outside agencies and support staff are made to ensure these pupils have appropriate support..

Headteacher and Governors

The governing body will approve the Carleton 4 Life policy. The headteacher, in collaboration with the RE and RSHE coordinators, is responsible for ensuring that RSHE is taught consistently across the school and for managing requests to withdraw pupils from the non-statutory element of Relationship and Sex Education in Years 5 and 6.

Parents' right to withdraw

"The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, make Relationships Education compulsory for all pupils receiving primary education...They also make Health Education compulsory in all schools except independent schools. Personal, Social, Health and Economic Education(PSHE) continues to be compulsory in independent schools."

Department for Education

Parents have the right to withdraw their children from the non-statutory content in Years 5 and 6. Requests for withdrawal should be made in writing and addressed to the headteacher. The headteacher will discuss the request with parents and take appropriate action. Alternative work will be given to pupils who are withdrawn from RSE. Parents do not have the right to withdraw their children from Relationships Education 2020.

Staff

Staff do not have the right to opt out of teaching RSHE as this forms part of the Teaching Standards. Any staff who have concerns about teaching RSHE are encouraged to discuss this with the headteacher.

Staff are responsible for:

- Delivering RSHE in a sensitive way.
- Modelling positive attitudes to RSHE.
- Monitoring progress.
- Responding to the needs of individual pupils.
- Responding appropriately to pupils whose parents wish them to be withdrawn from the non-statutory components of RSE.

Monitoring arrangements

The delivery of RSHE is monitored by the headteacher, RE and RSHE coordinators through learning walks, staff and pupil consultations, observations of planning and book work and questionnaires. Pupils' development in RSHE is monitored by class teachers as part of regular assessment cycles.

Resources

Journey in Love

Jigsaw

The Underwear PANTS Rule www.nspcc.org.uk

Come and See

Primary Relationships Education (DfE) Objectives***Families and people who care for me***

That families are important for children growing up because they can give love, security and stability	All
The characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives	Years 1 - 6
That others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care	Years 1 - 6
That stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up	Years 1 - 6
That marriage represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong	UKS2
How to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed	3, 6

Caring friendships

How important friendships are in making us feel happy and secure, and how people choose and make friends	EYFS, Year 2
The characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties	Years 3 & 4
That healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded	Years 3 & 4
That most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right	Years 3, 4 & 6
How to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed	All

Respectful relationships

The importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs	All
Practical steps they can take in a range of different contexts to improve or support respectful relationships	Years 1 - 6
The conventions of courtesy and manners	4
The importance of self-respect and how this links to their own happiness	Years 1 - 6
That in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority	Years 1 - 6
About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders (primarily reporting bullying to an adult) and how to get help	Years 1 - 6
What a stereotype is, and how stereotypes can be unfair, negative or destructive	Years 2,4 & 5
The importance of permission-seeking and giving in relationships with friends, peers and adults	Years 1 - 6

Online relationships

That people sometimes behave differently online, including by pretending to be someone they are not	Years 5 & 6
That the same principles apply to online relationships as to face-to face relationships, including the importance of respect for others online including when we are anonymous	Years 3, 4, 5 & 6
The rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them	Years 1 - 6
How to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met	Years 3, 4, 5 & 6
How information and data is shared and used online	Years 1 - 6

Being safe

What sorts of boundaries are appropriate in friendships with peers and others (including in a digital context)	Years 1 - 6
About the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe	EYFS – Year 6
That each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact	EYFS – Year 6
How to respond safely and appropriately to adults they may encounter (in all contexts, including online) whom they do not know	Years 1 - 6
How to recognise and report feelings of being unsafe or feeling bad about any adult	Years 1 - 6
How to ask for advice or help for themselves or others, and to keep trying until they are heard	Years 1 - 6
How to report concerns or abuse, and the vocabulary and confidence needed to do so	Years 1 - 6
Where to get advice from e.g. family, school and/or other sources	Years 1 - 6

Mental wellbeing

That mental wellbeing is a normal part of daily life, in the same way as physical health	Years 1,3,4,5 & 6
That there is a normal range of emotions (e.g. happiness, sadness, anger, fear, surprise, nervousness) and scale of emotions that all humans experience in relation to different experiences and situations	EYFS, Y3, Y4, Y5 & Y6
How to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings	Y3, Y4, Y5 & Y6
How to judge whether what they are feeling and how they are behaving is appropriate and proportionate	Y3, Y4, Y5 & Y6
The benefits of physical exercise, time outdoors, community participation, voluntary and service- based activity on mental wellbeing and happiness	Years 1, 3 & 5
Simple self-care techniques, including the importance of rest, time spent with friends and family and the benefits of hobbies and interests	Year 2
Isolation and loneliness can affect children and that it is very important for children to discuss their feelings with an adult and seek support	Year 3
That bullying (including cyberbullying) has a negative and often lasting impact on mental wellbeing	Years 1 - 6
Where and how to seek support (including recognising the triggers for seeking support), including whom in school they should speak to if they are worried about their own or someone else's mental wellbeing or ability to control their emotions (including issues arising online)	Years 1 - 6
It is common for people to experience mental ill health. For many people who do, the problems can be resolved if the right support is made available, especially if accessed early enough	Years 5 and 6

Internet safety and harms

That for most people the internet is an integral part of life and has many benefits	Years 1 - 6
About the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing	Years 1 - 6
How to consider the effect of their online actions on others and know how to recognise and display respectful behaviour online and the importance of keeping personal information private	Years 1 - 6
Why social media, some computer games and online gaming, for example, are age restricted	Years 5 & 6
That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health	Years 1, 2, 3, 4, 5 & 6
How to be a discerning consumer of information online including understanding that information, including that from search engines, is ranked, selected and targeted	Years 4, 5 & 6
Where and how to report concerns and get support with issues online	Years 2, 3, 4, 5 & 6

Physical health and fitness

The characteristics and mental and physical benefits of an active lifestyle	EYFS – Year 6
The importance of building regular exercise into daily and weekly routines and how to achieve this; for example walking or cycling to school, a daily active mile or other forms of regular, vigorous exercise	EYFS – Year 6
The risks associated with an inactive lifestyle (including obesity)	Years 1 - 6
How and when to seek support including which adults to speak to in school if they are worried about their health	Years 1 - 6

Healthy eating

What constitutes a healthy diet (including understanding calories and other nutritional content)	EYFS – Year 6
The principles of planning and preparing a range of healthy meals	Years 1 - 4
The characteristics of a poor diet and risks associated with unhealthy eating (including, for example, obesity and tooth decay) and other behaviours (e.g. the impact of alcohol on diet or health)	Years 3 - 6

Drugs, alcohol and tobacco

The facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking	Years 1 - 6
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Health and prevention

How to recognise early signs of physical illness, such as weight loss, or unexplained changes to the body	Years 3 - 6
About safe and unsafe exposure to the sun, and how to reduce the risk of sun damage, including skin cancer	All years groups – Pastoral provision during the Summer term
The importance of sufficient good quality sleep for good health and that a lack of sleep can affect weight, mood and ability to learn	Years 1 - 6
About dental health and the benefits of good oral hygiene and dental flossing, including regular check- ups at the dentist	EYFS, Year 4
About personal hygiene and germs including bacteria, viruses, how They are spread and treated, and the importance of handwashing	EYFS – Year 6
The facts and science relating to allergies, immunisation and vaccination	Year 6

Basic first aid

How to make a clear and efficient call to emergency services if necessary	Year 5
Concepts of basic first aid, for example dealing with common injuries, including head injuries	Year 5

Changing Adolescent body

Key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes	Year 5 & 6
About menstrual wellbeing including the key facts about the menstrual cycle	Year 5

Statutory Science Objectives

Early Years Foundation Stage children learn about life cycles. Through on-going personal, social and emotional development they develop the skills to form relationships and think about relationships with others.

In Key Stage 1 children learn:

- That animals, including humans, move, feed, grow and use their senses and reproduce
- To recognise and compare the main external parts of the bodies of humans
- That humans and animals can reproduce offspring and these grow into adults
- To recognise similarities and differences between themselves and others
- To treat others with sensitivity

In Key Stage 2 children learn:

- That the life processes common to humans and other animals including nutrition, growth and reproduction
- About the main stages of the human life cycle

Appendix 3

Journey in Love Objectives.

Year	Content	DfE Personal Relationships Categories
Early Years	Social and Emotional To recognise the joy of being a special person in my family Physical To recognise that we are all different and unique. Spiritual To recognise the joy of being a special person in God's family	Families and people who care for me. Caring friendships Respectful relationships Being safe
1	Social and Emotional To recognise the signs that I am loved in my family. Physical To recognise how I am cared for and kept safe in my family. Spiritual To celebrate ways that God loves and cares for us.	Families and people who care for me. Caring friendships Respectful relationships Online relationships Being safe
2	Social and Emotional To recognise the joy and friendship of belonging to a diverse community. Physical To describe ways of being safe in communities. Spiritual To celebrate ways of meeting God in our communities.	Families and people who care for me. Caring friendships Respectful relationships Being Safe
3	Social and Emotional To describe and give reasons how friendships make us feel happy and safe. Physical To describe and give reasons why friendships can break down, how they can be repaired and strengthened. Spiritual To celebrate the joy and happiness of living in friendship with God and others.	Families and people who care for me. Caring friendships Respectful relationships Online relationships Being safe
4	Social and Emotional To describe how we all should be accepted and respected. Physical To describe how we should treat others making links with the diverse modern society we live in. Spiritual To celebrate the uniqueness and innate beauty of each of us.	Families and people who care for me. Caring friendships Respectful relationships Being safe
5	Social and Emotional To show knowledge and understanding of emotional relationship changes as we grow and develop. Physical To show knowledge and understanding of the physical changes in puberty. Spiritual To celebrate the joy of growing physically and spiritually.	Families and people who care for me. Caring friendships Respectful relationships Online relationships Being safe
6	Social and Emotional To develop a secure understanding that stable and caring relationships, which may be of different types, are at the heart of happy families. Physical To explain how human life is conceived. Spiritual To show an understanding of how being made in the image and likeness of God informs decisions and actions when building relationships with others, including life-long relationships.	Families and people who care for me. Caring friendships Respectful relationships Online relationships Being safe

Appendix 4

Come and See topics and content relevant to RSHE.

EARLY YEARS		
MYSELF	God knows and loves each one	<ul style="list-style-type: none"> Each one's name is important I am special and have a special name I have a family name Everyone is precious to God
WELCOME	Baptism a welcome to God's family	<ul style="list-style-type: none"> How we are made to feel welcome How do we show others that they are welcomed? How is a baby welcomed into a family?
BIRTHDAY	Looking forward to Jesus' birthday	<ul style="list-style-type: none"> Why do we celebrate birthdays? What a birthday is What people do while they wait for a birthday Some of the ways birthdays are celebrated
CELEBRATING	People celebrate in church	<ul style="list-style-type: none"> Why is celebrating important? What is good about celebrating together? What a celebration is Different elements of celebration Different ways of celebrating
GATHERING	The parish family gathers to celebrate Eucharist	<ul style="list-style-type: none"> Why do we gather together? How we gather as a church/parish family What are the things that are better done together and why? The importance of gathering
GROWING	Looking forward to Easter	<ul style="list-style-type: none"> The ways in which we grow That spring is a time when things begin to grow The ways in which we can grow in love to be more like Jesus
GOOD NEWS	Passing on the Good News of Jesus	<ul style="list-style-type: none"> How they and others feel when they have good news. The joy and happiness the good news brings That everyone has good news to share
FRIENDS	Friends of Jesus	<ul style="list-style-type: none"> how friends make us feel happy, comfortable and glad What breaks and mends friendships: It is good to have friends How we can change and say sorry and forgive each other
OUR WORLD	God's wonderful world	<ul style="list-style-type: none"> How wonderful our world is How we could make God's world even more wonderful What would happen if we did not look after our world? What we love about our world. What fills us with wonder about our world. Everyone shares God's world. How we would feel if we did not work together to share God's world.

YEAR 1

FAMILIES	God's love and care for every family	<ul style="list-style-type: none"> • How families show love and care for each other. • God's love and care for them and their families. • How God shows love and care for individuals, families and all of creation
BELONGING	Baptism an invitation to belong to God's family	<ul style="list-style-type: none"> • What it feels like to belong • The experience of belonging to their family and the Church family • How babies are welcomed into the Church family.? • Parents are blessed.
WAITING	Advent a time to look forward to Christmas	<ul style="list-style-type: none"> • How we feel when we are waiting • Why waiting can be difficult at times • Others may help us as we wait • We can help others.
SPECIAL PEOPLE	People in the parish family	<ul style="list-style-type: none"> • Special people help us • What makes a person special? • How we can love and serve each other • There are people who do special jobs at Mass when the parish family gathers • Some of ways in which these people help
MEALS	Mass; Jesus' special meal	<ul style="list-style-type: none"> • What important for a happy meal • What makes a family meal special? • Preparation for a meal. • How we love and serve Jesus • How it is good to say thank you for our meals
CHANGE	Lent a time for change	<ul style="list-style-type: none"> • How the season change. • The ways we change and grow in love and kindness. • How we can change and make a new start in Lent.
HOLIDAYS AND HOLYDAYS	Pentecost: the feast of the Holy Spirit	<ul style="list-style-type: none"> • Why are holidays different from ordinary days? • What makes holidays happy times • How holidays are times to relax and do something different • We should thank God for holidays and our wonderful world
BEING SORRY	God helps us to choose well	<ul style="list-style-type: none"> • Making choices that help us feel happy. • Making choices that make us feel unhappy. • What helps us to make good choices. • How would it be if everyone followed Jesus' new rule to 'love one another'. • Sometimes hard to say sorry and to forgive. • It is good to say sorry • The end of the day is a good time to reflect on the choices made and to ask God's forgiveness.
NEIGHBOURS	Neighbours share God's world	<ul style="list-style-type: none"> • Who is our neighbour? • What makes a good neighbour? • How we can be a good neighbour • What happens if someone is not a good neighbour

YEAR 2

BEGINNINGS	God is present in every beginning	<ul style="list-style-type: none">• How you feel when you begin anything new• Why some beginnings are easy and some are difficult• How we begin our day• How each day is a new beginning.• God cares for everyone.• God being present in all• new beginnings
SIGNS & SYMBOLS	Signs and symbols used in Baptism	<ul style="list-style-type: none">• The meaning and importance of some symbols in life.• The power of symbols to convey meaning• Some of the signs and symbols in daily life
PREPARING	Advent; preparing to celebrate Christmas	<ul style="list-style-type: none">• Why is it necessary to prepare?• What would happen if you didn't prepare?• How you feel when you are preparing for special times?• What is the best way to prepare for Jesus' coming?
BOOKS	The books used in Church	<ul style="list-style-type: none">• The importance of books in our lives.• The need for books• How books can help us
THANKSGIVING	Mass a special time for saying thank you to God for everything, especially Jesus	<ul style="list-style-type: none">• How you feel when you thank others• How you feel when you are thanked• Why we thank God our Father• How the parish family can spread the message of thanksgiving and peace.
OPPORTUNITIES	Lent an opportunity to start a new in order to celebrate Jesus' new life	<ul style="list-style-type: none">• How each day offers opportunities for good• What helps a person choose well• The opportunity of Lent offers to make a new start
SPREAD THE WORD	Pentecost a time to spread the Good News	<ul style="list-style-type: none">• The importance of messages in daily life• The responsibility of passing on messages• The new life of Jesus• How the Holy Spirit helps Christians• Jesus has promised us new life
RULES	Reasons for rules in the Christian family	<ul style="list-style-type: none">• The importance for ourselves and others of keeping rules.• How rules are necessary in life• How it is sometimes hard to say sorry• How it is sometimes hard to forgive others• The good feeling when people make up• The difference between doing something accidentally and on purpose.• The importance and helpfulness of Examining your conscience every day.• A sorry prayer
TREASURES	God's treasure; the world	<ul style="list-style-type: none">• What we treasure• What treasures do we share?• We are God's treasure• How we thank God for the treasures of our world

Year 3

HOMES	God's vision for every family	<ul style="list-style-type: none"> • What makes a house ahome • What makes home a special place for you • What makes a house ahome • Why is family important • The respect of parents and children for one another • What do you like to do at home, on your own and as a family • What do people do for youat home, that makes you feel special • What is sometimesdifficult about sharing and being part of a group at home • God's dream for every family • God is always there
PROMISES	The meaning of the commitment and promises made at Baptism	<ul style="list-style-type: none"> • What is good about beingin a group • Why we have rules • The importance of makingpromises • How some promises are more difficult to keep than others • The link between the promises made the consequences of actions • following the promise. • The role of parents and godparents in bringing up the child in the Faith • What it means to live a child of the Light
VISITORS	The coming of Jesus	<ul style="list-style-type: none"> • How we welcomevisitors • How we feel as avisitor • The importance of preparing for visitors. • The joys and demands of visitors
JOURNEYS	Christian family's journey with Jesus	<ul style="list-style-type: none"> • Each year has its specialtimes and seasons • Life is a journey • Who is with you on thejourney • What makes it good • difficulties times in thelife's journey • What/who helps • How we help one another on the journey
LISTENING & SHARING	Jesus gives himself tous in a special way	<ul style="list-style-type: none"> • The cost of sharing • The joys of sharing • The importance of listening well and sharing. • The joys and difficulties of listening and sharing • How feelings affect our own and others desire to listen and to share.
GIVING ALL	Lent a time to remember Jesus' total giving	<ul style="list-style-type: none"> • Why people are brave andgive themselves to others • The demands of total giving in terms of time and giving up something you what to do • How people give themselves to others

		<ul style="list-style-type: none"> • Those in need and how we might help them. • Lent an opportunity for giving, growing in goodness. • Jesus' total giving
ENERGY	Gifts of the Holy Spirit	<ul style="list-style-type: none"> • The energy of wind and offire. • The best use of power ofwind and fire • The inspiration of the HolySpirit • The power and energy ofthe Holy Spirit • The prayer to the HolySpirit • The gifts of the Holy Spirit • Christians can use the gifts of the Holy Spirit to help others.
CHOICES	The importance of examination of conscience	<ul style="list-style-type: none"> • The meaning of choice andconsequence • The importance of makinggood choices • What helps in making goodchoices • Consequences of choices • What it means to examineyour conscience • How God is alwaysforgiving
SPECIAL PLACES	Special places for Jesus and the Christian community	<ul style="list-style-type: none"> • How places become special? • What makes a placespecial? • Special places for you andyour family? • Why is our heart a specialplace? • Keeping our world a special place? • Why do Christians want to keep the world a special place?

YEAR 4

PEOPLE	The family of God in Scripture	<ul style="list-style-type: none"> • The importance of families • Family relationships • Respect for those who gaveus life.
CALLED	Confirmation a time to renew baptismal promises	<ul style="list-style-type: none"> • Our response to being chosen • What it feels like to bechosen • Why it is difficult to makea response in some situations • Giving up something elsewhen you are chosen. • What help do you need tochose • The work of the Holy Spirit in our lives • The work of the Holy Spirit in the lives of Christians • What it is to live in the light of Christ • The commitment of people who respond to the call of God
GIFT	God's gift of love & friendship in Jesus	<ul style="list-style-type: none"> • What you value mostabout the gift of friendship • What you offer others inyour friendship • Why the gift of love and friendship is important • The joys and demands of friendship • The commitment required • By the gift of love and friendship.

COMMUNITY	<i>life in the local Christian community: ministries in the parish</i>	<ul style="list-style-type: none"> • <i>The meaning of community</i> • <i>The advantages of being part of a community?</i> • <i>What helps to build up community</i> • <i>The demands of being part of a community?</i> • <i>Why people give time and service in helping others in their community</i> • <i>The causes of a breakdown of a community</i> • <i>How the parish community celebrates together and supports one another</i>
GIVING & RECEIVING	<i>Living in communion</i>	<ul style="list-style-type: none"> • <i>Your experience of giving and receiving.</i> • <i>The importance of giving and receiving?</i> • <i>The joys and demands of giving and receiving?</i> • <i>Why it is important to live in communion</i> • <i>Ways in which we live and grow in communion.</i> • <i>How the Eucharist challenges and enables living and growing in communion?</i>
SELF DISCIPLINE	<i>Celebrating growth to new life</i>	<ul style="list-style-type: none"> • <i>The experience of giving up something and be very disciplined for a good reason.</i> • <i>How to be self disciplined</i> • <i>How self-discipline helps people to grow and make the best use of their potential</i> • <i>Lent; the opportunity to make change and to prepare for Christ's Resurrection on Easter Sunday.</i>
NEW LIFE	<i>To hear & live the Easter message</i>	<ul style="list-style-type: none"> • <i>What you do when life is difficult</i> • <i>The experience of good news bringing life. and happiness.</i> • <i>How the power of the Holy Spirit helps Christians today</i>
BUILDING BRIDGES	<i>Admitting wrong, being reconciled with God and one another.</i>	<ul style="list-style-type: none"> • <i>What makes friendships strong</i> • <i>How decisions about friendship are informed by beliefs and values.</i> • <i>How friendships are built</i> • <i>How friendships may be restored when they have been broken</i> • <i>Sin and the importance of examining of your conscience</i> • <i>The greatest commandment, love of God and others</i> • <i>The meaning of contrition and of absolution</i> • <i>Forgiveness of others</i>
GOD'S PEOPLE	<i>Different saints show people what God is like.</i>	<ul style="list-style-type: none"> • <i>What makes a person do extraordinary things?</i> • <i>How ordinary people do extraordinary things.</i> • <i>The qualities you admire in others</i> • <i>How true happiness can be found</i> • <i>How you can do extraordinary things</i>

YEAR 5

OURSELVES	Created in the image and likeness of God	<ul style="list-style-type: none"> • Talents and qualities you admire in others • Your own talents and qualities and how you use them • Identify qualities in anyone else • How talents and qualities are developed. • We are made in the likeness of God • What being unique means • God's love for us • How Christians are called to live in peace. • How people are made in God's image and likeness might live
LIFE CHOICES	Marriage, commitment and service	<ul style="list-style-type: none"> • The ingredients of a good friendship • What fidelity means and how it applies to friendship • Responsibilities friends have for one another • Difficulties and joys of friendships • What is important for friendship to thrive • What it feels like to have faithful friend • Jesus' advice about relationship? • The importance of fidelity, loyalty and commitment in maintaining a friendship • The importance of commitment and responsibility in relationships. • What it means to be committed • The work of Christian service • The Sacrament of Marriage • The symbols of the promises and the blessing of rings • All are called to live in love and service
HOPE	Advent; waiting in joyful hope for Jesus; the promised one	<ul style="list-style-type: none"> • Your experience of waiting • How people wait in different ways, for different things. • Why waiting is a mystery • How you can best use the time you spend waiting and what might help you • What you think about when you are waiting for something exciting • How you behave when you are waiting • The difference between hope and expect • Why people wait with hope • The coming of Jesus at the end of time • Advent is a time of waiting hopefully
MISSION	Continuing Jesus' mission in diocese. [ecumenism]	<ul style="list-style-type: none"> • The demands and joys being dedicated in your mission • Discovering your mission? • What inspires people in their mission • The joys and demands of engaging in a mission • The reasons why people want to help others. • How people carry out Jesus' mission today • Jesus' prayer for unity
MEMORIAL SACRIFICE	The Eucharist; the living memorial of Jesus	<ul style="list-style-type: none"> • Why memories are important • How it is possible to keep important memories alive • About sacrifice in daily life

SACRIFICE	<i>Lent a time of giving in order to celebrate the sacrifice of Jesus</i>	<ul style="list-style-type: none"> • <i>How you feel when you give</i> • <i>How you feel when you refuse to give.</i> • <i>The cost of giving.</i> • <i>How people decide whether or not to give</i> • <i>How those decisions are informed by beliefs and values</i> • <i>The costs or rewards of giving can be</i> • <i>That Lent is a season of giving to prepare for the Easter</i>
TRANSFORMATION	<i>Celebration of the Spirit's transforming power</i>	<ul style="list-style-type: none"> • <i>How people can use the energy of their minds for the good of others.</i> • <i>How people can use time and physical energy for the well being of others and why they should.</i> • <i>How energy can transform</i> • <i>How we can use our energy to transform ourselves</i> • <i>How we can use the energy from the earth's resources in a fair and sustainable way.</i> • <i>How the power of the Holy Spirit helps Christians today</i>
FREEDOM & RESPONSIBILITY	<i>Commandments enable Christians to be free & responsible</i>	<ul style="list-style-type: none"> • <i>What freedom parents have a right to</i> • <i>What freedom children have a right to.</i> • <i>What is responsible and irresponsible behaviour.</i> • <i>How rules can bring freedom</i> • <i>How people know the boundaries that their personal freedom gives them.</i> • <i>How freedom and responsibility are linked.</i> • <i>How people's perception of what their freedom allows may conflict with the expectation of others.</i> • <i>How importance of the Ten Commandments for Christians today.</i> • <i>How the Beatitudes show us a positive way of life.</i> • <i>Jesus teaching on the greatest commandments, love of God and others.</i>
STEWARDSHIP	<i>The Church is called to stewardship of Creation</i>	<ul style="list-style-type: none"> • <i>What I really care about</i> • <i>Showing concern for what I care for</i> • <i>The meaning of stewardship</i> • <i>Understanding the wonders of God's creation</i> • <i>People are made in the image and likeness of God</i> • <i>Christians can be good stewards.</i> • <i>The Christian's responsibility to take care of, to be a steward of the earth</i> • <i>The importance of ecology</i>

YEAR 6

LOVING	God who never stops loving	<ul style="list-style-type: none"> • What unconditional love means • How love is shown • How you are loved and cared for • What members of your family do for each other • How you show love to others • How people have inspired and influenced you to show unconditional love to others • What it means to be truly loving • How people show unconditional love to others • The beliefs and values which have inspired and influenced you to be loving? • The scripture text that demonstrate God's unconditional love for everyone even when times are hard. • The challenge these passages present to Christians. • The Beatitudes and their meaning for today. • God's unconditional love and what this means. • By living in God's way, as Jesus showed us, we can grow in love.
VOCATION AND COMMITMENT	The vocation of priesthood and religious life	<ul style="list-style-type: none"> • What it means to be committed? • Why people are committed? • The implications of lack of commitment • Whom shows commitment • How commitment affects the level of job satisfaction • Responding to the call of Jesus • Our mission in living out our baptismal vows
EXPECTATIONS	Jesus born to show God to the world	<ul style="list-style-type: none"> • The expectations you have of yourself • Having high expectations of others • Trusting and believing in one another • What happens if you let people down or others let you down? • Patience is important in expectations • The difference between wishing and expecting. • The meaning of Advent
SOURCES	The Bible, the special book for the Church	<ul style="list-style-type: none"> • The kind of books which are the most helpful • Our lives are enriched by books. • The wonder of books and how they take a person beyond themselves • The presence of God in the words of Scripture • The care and reverence with which the Word of God is treated
UNITY	Eucharist enables people to live in communion.	<ul style="list-style-type: none"> • Why friendships are important • The most important value in friendship • What helps a friendship to flourish • The kinds of behaviour that break a friendship • Those affected when a friendship is broken • Mending broken friendships • Becoming one with Christ and one another in Holy Communion • The unity which Holy Communion brings

DEATH & NEW LIFE	<i>Celebrating Jesus' death and resurrection</i>	<ul style="list-style-type: none"> • <i>The affect of loss in everyday life</i> • <i>The change it brought</i> • <i>What remained the same</i> • <i>What is the best way to cope with loss</i> • <i>How people cope with loss and death</i> • <i>How death brings new life</i> • <i>Lent, a time to remember the suffering and death of Jesus</i>
WITNESSES	<i>The Holy Spirit enables people to become witnesses</i>	<ul style="list-style-type: none"> • <i>When to be a witness</i> • <i>How to be a witness</i> • <i>Why it sometimes needs courage to be a witness</i> • <i>Examples of modern witnesses</i> • <i>The witness of a local charity,</i>
HEALING	<i>Sacrament of the Sick</i>	<ul style="list-style-type: none"> • <i>Showing compassion and care for those who are ill</i> • <i>Our attitude towards those people are ill in their minds Helping, caring and understanding those with a learning disability.</i> • <i>What gives a person comfort when they are very ill</i> • <i>Why people give time and commitment to caring for others</i> • <i>Why we care for the sick</i> • <i>The Sacrament of Anointing brings comfort to those who are sick</i> • <i>The Christian responsibility for caring for these in need</i> • <i>Helping to promote the dignity and common good of one another</i> • <i>Beatitudes; a guide from Jesus about how to live life.</i> • <i>The ways we can act justly, love tenderly and walk humbly with God</i> • <i>How Christians can work for the common good</i> • <i>Something about Catholic Social Teaching</i>
COMMON GOOD	<i>Work of Christians for the good of all</i>	<i>How we build a fair and just world The difference between fairness and justice, unfairness and injustice</i>


The Carleton House Preparatory School Enrichment Curriculum – Nursery										
Our Carleton Charter		Care for our Community	Always try your best	Remember to show respect	Love our world	Everyone is Equal	Take time to listen and Tell	Our School, Our Family, Our Responsibility	New Friends Always Welcome	
Carleton 4 Life	Curriculum Opportunities				Safeguarding Curriculum			Mental Health		
	RSE	PSHE	Citizenship	British Values	Online Safety	Anti Bullying week	NSPCC Pants Rule	Road Safety	Mental Health awareness week	Yoga and mindfulness club
Parental Engagement	Progress Update Opportunities									
	Park Walks				Autumn profile Evening		Grandparent's stay and play		Individual Profile meetings	End of year written report
	Teddy Bear's Welcome picnic		New Parents Meeting		Family Fun Days		Halloween Disco		Christmas Disco	Valentines Dinner
	Autumn Calderstones Park walk		Winter Calderstones Park walk		Father's day summer Calderstones Park walk		Family Fun Days		Summer Ball	
	Ongoing Communication									
Curriculum Trips/ Enhancement Workshops	Christmas Nativity Celebration		Open Day	Nursery Weekly Newsletter	Whole school Weekly Newsletter		Twitter	Seesaw	School Website	Text/ Email updates
	Acorn Farm Trip		Story Barn Trip	Mother's day Cinema Trip	Themed Theatre Productions		Travelling Zoo		Police Dogs Visit	Quantum Theatre Pantomime
	Curriculum Enrichment									
Music Enrichment	Theme Weeks		West End in Schools Performance		Wet and wild day		Superhero Day		Mud play day	
	Weekly music percussion lessons		Weekly singing Lessons		Hymn Practice		Christmas Nativity		Philharmonic Concert	
Sporting Opportunities	Curriculum Opportunities									
	Weekly PE lessons		Footy Tots weekly sessions			Infant Sports Day		Outdoor continuous provision		
Whole School	Fundraising									
	School Charity		Comic Relief	Children In Need	Good Shepherd	South Liverpool Foodbank	Internet Safety	Road Safety	DT Week	Science
										Computing

The Carleton House Preparatory School Enrichment Curriculum – Reception																				
Our Carleton Charter	Care for our Community	Always try your best	Remember to show respect	Love our world	Everyone is Equal	Take time to listen and Tell	Our School, Our Family, Our Responsibility	New Friends Always Welcome												
Carleton 4 Life	Curriculum Opportunities			Safeguarding Curriculum			Mental Health													
	RSE	PSHE	Citizenship	British Values	Online Safety	Anti Bullying week	NSPCC Pants Rule	Road Safety	Mental Health awareness week	Yoga and mindfulness club	Seedlings sessions									
	Progress Update Opportunities																			
Parental Engagement	New Parents Meeting			Autumn parents Evening		Grandparent's stay and play		Mid Term Written Report		Spring Parents Drop In		Individual Profile meetings	End of year written report	Summer Parents Evening	Open door Policy					
	Autumn Calderstones Park walk			Winter Calderstones Park walk		Father's day summer Calderstones Park walk		Family Fun Days		Halloween Disco		Christmas Disco	Valentines Dinner	Summer Ball						
	Ongoing Communication																			
	Christmas Nativity Celebration			Open Day		Prize Night		Weekly Newsletter		Twitter		School Website		Text/ Email updates						
	Trips											Visitors								
Curriculum Trips/ Enhancement Workshops	Imagine That Trip		Mini Beast Hunt		Mother's day Cinema Trip		Themed Theatre Productions		Travelling Zoo		Police Dogs Visit		West End in School Workshops		Quantum Theatre Pantomime					
	Theme Weeks		West End in Schools Performance		West End in Schools Drama Workshops		Quantum Theatre Pantomime		Foundation Stage Theme days											
	Weekly music percussion lessons		Weekly singing Lessons		Hymn Practice		Christmas Nativity													
Music Enrichment	Wider Music Opportunities																			
Sporting Opportunities	Curriculum Opportunities																			
	Weekly PE lessons			Enrichment lessons			Infant Sports Day			Active Lunchtimes										
Extra Curricular	Multi Skills			Dance			Yoga			Chess			French			Spanish				
Whole School	Fundraising											House Teams			Theme Weeks					
	School Charity		Comic Relief		Children In Need		Good Shepherd		South Liverpool Foodbank		House Theme Days		Internet Safety		Road Safety		Science		Computing	

*This is an overview of our usual and intended annual events and opportunities, but may be subject to change

The Carleton House Preparatory School Enrichment Curriculum – Year 1																			
Our Carleton Charter		Care for our Community		Always try your best		Remember to show respect		Love our world		Everyone is Equal		Take time to listen and Tell		Our School, Our Family, Our Responsibility		New Friends Always Welcome			
Carleton 4 Life		Curriculum Opportunities				Safeguarding Curriculum				Mental Health				PTA Events					
		RSE	PSHE	Citizenship	British Values	Online Safety	Anti Bullying week	NSPCC Pants Rule	Road Safety	Mental Health awareness week	Yoga and mindfulness club	Seedlings sessions							
Parental Engagement		Progress Update Opportunities						Celebration Events						Ongoing Communication					
		Welcome to Year Group Presentation		Autumn Parents Evening	Mid Term Written Report	Spring Parents Drop In	End of year written report	Summer Parents Evening	Open door Policy	Family Fun Days	Halloween Disco	Christmas Disco	Valentines Dinner	Annual Summer Ball					
Curriculum Trips/ Enhancement Workshops		Termly Class Assemblies		Christmas Nativity at Bishop Eton		Open Day	Prize Night	Weekly Newsletter		Twitter	School Website	Text/ Email updates							
		Imagine That		Story Barn	Mother's day Cinema Trip		Themed Theatre Productions		Police Dogs Visit	West End in School Drama Workshops		Quantum Theatre Pantomime							
Music Enrichment		Theme Weeks		West End in Schools Performance		West End in Schools Drama Workshops		Quantum Theatre Pantomime		ISA Competitions									
		Weekly music percussion lessons		Weekly singing Lessons		Hymn Practice		Christmas Nativity		Philharmonic Concert									
Sporting Opportunities		Weekly PE lessons		Enrichment lessons – cricket/ golf		Infant Sports Day		Active Lunchtimes		Other									
		Football		Matball	Gymnastics	Cricket	Independent Schools Football Competition		LFC Football Tournament										
Extra Curricular		Music			Sport			Other			Theme Weeks								
		Musical Theatre		Recorder	Multi Skills	Dance	Yoga	Chess	Cookery	French	Spanish								
Whole School		Fundraising			House Teams			Theme Weeks			Other								
		School Chosen Charity	Comic Relief	Children In Need	Good Shepherd	South Liverpool Foodbank	House Theme Days	Internet Safety	DT Week	Science	Computing	Art Projects							

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The Carleton House Preparatory School Enrichment Curriculum – Year 2																
 Our Carleton Charter	Care for our Community		Always try your best		Remember to show respect		Love our world		Everyone is Equal		Take time to listen and Tell		Our School, Our Family, Our Responsibility		New Friends Always Welcome	
	Curriculum Opportunities				Safeguarding Curriculum				Mental Health							
Carleton 4 Life	RSE	PSHE	Citizenship	British Values	Online Safety	Anti Bullying week	NSPCC	Pants Rule	Road Safety	Mental Health Awareness Week	Yoga and mindfulness club	Seedlings sessions				
	Progress Update Opportunities															
	Celebration Events								PTA Events							
Parental Engagement	Termly Class Assemblies	Christmas Nativity at Bishop Eton	Open Day	Prize Night	Weekly Newsletter	Twitter	School Website	Text/ Email updates								
	Trips				Visitors											
	History – Beatles Trip	Imagine That Trip	Story Barn Trip	Mother's day Cinema Trip	Themed Theatre Productions	Police Dogs Visit	West End in School Drama Workshops	Quantum Theatre Pantomime								
Curriculum Trips/ Enhancement Workshops	Curriculum Enrichment															
	Theme Weeks	West End in Schools Performance	West End in Schools Drama Workshops	Quantum Theatre Pantomime		ISA Competitions										
	Weekly music percussion lessons	Weekly singing Lessons	Hymn Practice	Christmas Nativity		Philharmonic Concert										
Music Enrichment	Curriculum Opportunities															
	Weekly PE lessons	Enrichment lessons – cricket/ golf			Infant Sports Day		Active Lunchtimes									
	Liverpool Schools Sports Partnership (LSSP)															
Sporting Opportunities	Football	Matball	Gymnastics	Cricket	Independent Schools Football Competition		LFC Football Tournament									
	Music			Sport			Other			Theme Weeks						
	Musical Theatre	Recorder	Multi Skills	Dance	Yoga		Chess	Cookery	French	Spanish						
Extra Curricular	Fundraising															
	School Chosen Charity	Comic Relief	Children In Need	Good Shepherd	South Liverpool Foodbank	House Theme Days	House Teams	Internet Safety	Road Safety	Science	Computing	Art Projects				

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The Carleton House Preparatory School Enrichment Curriculum – Year 3														
Our Carleton Charter	Care for our Community	Always try your best	Remember to show respect	Love our world	Everyone is Equal	Take time to listen and Tell	Our School, Our Family, Our Responsibility	New Friends Always Welcome						
Carleton 4 Life	Curriculum Opportunities			Safeguarding Curriculum			Mental Health							
	RSE	PSHE	Citizenship	British Values	Online Safety	Anti Bullying week	NSPCC	Pants Rule	Road Safety	Mental Health awareness week	Yoga and mindfulness club	Seedlings sessions		
	Progress Update Opportunities													PTA Events
Parental Engagement	Welcome to Year Group Presentation	Autumn Parents Evening	Mid Term Written Report	Spring Parents Drop In	End of year written report	Summer Parents Evening	Open door Policy	Family Fun Days	Halloween Disco	Christmas Disco	Valentines Dinner	Annual Summer Ball		
	Celebration Events													Ongoing Communication
	Termly Class Assemblies	Christmas Carol Concert	Bishop Eton Play	Junior School Play	Open Day	Prize Night	Residential Info Meetings	Weekly Newsletter	School Website	Twitter	Text/ Email updates			
Curriculum Trips/ Enhancement Workshops	Barnstondale Residential Trip	Science Chester Zoo Trip	Science Imagine That Trip	Chester Roman Experience Trip	Geography Field Work – Local Area	History Vikings Visit to school	Metropolitan Cathedral Advent Service							
	Curriculum Enhancement				Visitors									
	Theme Weeks	Able Writers Workshops	Able Maths Workshops	Themed Theatre Productions	West End in School Drama Workshops	Quantum Theatre Pantomime								
Music Enrichment	Young Shakespeare Company Performance	Young Shakespeare Company Workshops	West End in Schools Performance	West End in Schools Drama Workshops	Quantum Theatre Pantomime	Debate Competition	ISA Competitions	Competition Opportunities						
	Pulse				Wider Music Opportunities									
	Weekly Instrumental lessons	Christmas Concert	End of Year Celebration Concert	Music Examinations	Weekly Music Lessons	Choir	Philharmonic Concert	LDSCA Choir Festival	Choir Performance at Metropolitan Cathedral					
Sporting Opportunities	Curriculum Opportunities													
	Weekly PE taught by specialist coach	Half termly Swimming lessons	Enrichment lessons – cricket/ golf	Wavertree Athletics Track	Sports Day at Police Club	Sports Activity Day at IM Marsh	Half Termly Inter- House sports competitions	Other						
	Liverpool District Catholic Schools association (LCDSA)				Independent Schools Football Competition				Cross school Football					
Extra Curricular	Football	Cricket	Golf	Indoor Athletics	Hockey	Lacrosse	Cross Country	Athletics					Other	
	Music				Sport									
	Orchestra	Guitar	Choir	Musical Theatre	Athletics	Judo	Fencing	Netball	Cross Country	Football	Cricket	Debate Club	Cookery	Chess
Whole School	Fundraising				House Teams				Theme Weeks					
	School Chosen Charity	Comic Relief	Children In Need	Good Shepherd	South Liverpool Foodbank	House Theme Days	Internet Safety	Road Safety	Science	Computing	Art Projects			

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The Carleton House Preparatory School Enrichment Curriculum – Year 4											
Our Carleton Charter	Care for our Community	Always try your best	Remember to show respect	Love our world	Everyone is Equal	Take time to listen and Tell	Our School, Our Family, Our Responsibility	New Friends Always Welcome			
Carleton 4 Life	Curriculum Opportunities			Safeguarding Curriculum			Mental Health				
	RSE	PSHE	Citizenship	British Values	Online Safety	Anti Bullying week	NSPCC	Road Safety	Mental Health awareness week	Seedlings sessions	
	Welcoming to Year Group Presentation	Autumn Parents Evening	Mid Term Written Report	Spring Parents Drop In	End of year written report	Summer Parents Evening	Open door Policy	Family Fun Days	Halloween Disco	Valentines Dinner	
	Termly Class Assemblies	Christmas Carol Concert Bishop Eton	Post Exam Celebration Cinema Trip	Junior School Play	Open Day	Prize Night	First Holy Communion Celebration	Weekly Newsletter	Twitter	School Website	
Parental Engagement	Progress Update Opportunities										
	Celebration Events					PTA Events					
Curriculum Trips/Enhancement Workshops	Trips			Curriculum Enhancement			Visitors				
	Manor Adventure Residential	History Speke Hall	Science Chester Zoo	Metropolitan Cathedral Advent Service	Theme Weeks	Able Maths Workshops	Tudor Experience Day	Science Kingfisher Education	Themed Theatre Productions	West End in School Workshops	
	Young Shakespeare Company Performance	Young Shakespeare Company Workshops	West End in Schools Performance	West End in Schools Drama Workshops	LDSCA Speech Choir Performance	Theme Weeks	Quantum Theatre Pantomime	Debate Competition	ISA Competitions	Choir Performance at Metropolitan Cathedral	
	Weekly Instrumental lessons	Orchestra	Christmas Concert	End of Year Celebration Concert	Music Examinations	Weekly Music Lessons	Choir	Philharmonic Concert	LDSCA Choir Festival	Choir Performance at Metropolitan Cathedral	
Music Enrichment	Wider Music Opportunities										
	Pulse					Wider Music Opportunities					
Sporting Opportunities	Curriculum Opportunities										
	Weekly PE taught by specialist coach			Half termly Swimming lessons			Athletics Training at Wavertree Athletics Track			Sports Day at Police Club	
	Liverpool Schools Sports Partnership (LSSP)				Liverpool District Catholic Schools association (LCDSA)			Other			
Extra Curricular	Football	Gymnastics	Indoor Athletics	Hockey	Cross Country	Athletics	Cross School Netball	Cross school Football	Other		
	Music			Sport			Other				
	Orchestra	Guitar	Choir	Musical Theatre	Athletics	Judo	Netball	Cross Country	Football	Cricket	Debate Club
Whole School	School Chosen Charity	Comic Relief	Children In Need	Good Shepherd	South Liverpool Foodbank	House Theme Days	House Teams	House Theme Days	Internet Safety	Road Safety	Science
	Fundraising			House Teams			Theme Weeks				
	School Chosen Charity			Comic Relief	Children In Need	Good Shepherd	South Liverpool Foodbank	House Theme Days	House Teams	Internet Safety	Road Safety
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The Carleton House Preparatory School Enrichment Curriculum – Year 6																	
Our Carleton Charter		Care for our Community		Always try your best		Remember to show respect		Love our world		Everyone is Equal		Take time to listen and Tell		Our School, Our Family, Our Responsibility		New Friends Always Welcome	
Carleton 4 Life	Curriculum Opportunities				Safeguarding Curriculum				Mental Health				Mental Health				
	RSE	PSHE	Citizenship	British Values	Online Safety	Anti Bullying week	NSPCC Pants Rule	Road Safety	Personal Safety	Mental Health awareness week	Yoga and mindfulness club	Seedlings sessions					
	Progress Update Opportunities																
Parental Engagement	Welcome to Year Group Presentation	Autumn Parents Evening	Mid Term Written Report	British Values	Spring Parents Drop In	End of year written report	Open door Policy	Family Fun Days	Halloween Disco	Christmas Disco	Valentines Dinner	Annual Summer Ball					
	Celebration Events																
	Termly Class Assemblies	Christmas Carol Concert at Bishop Eton	Post Exam Celebration Cinema Trip	Junior School Play	Open Day	Prize Night	Year 6 Leavers Assembly	Weekly Newsletter	School Website	Text/ Email updates							
Curriculum Enhancement Trips/ Workshops	Trips			Curriculum Enhancement			Visitors										
	France Manor Adventure Residential	Liverpool Museum	Hat Museum	Ballet Trip	Theme Weeks	Able Maths Workshops	Able Writers Workshops	Blitz Experience Day	Ballet workshops	Themed Theatre Productions	West End in School Drama Workshops	Quantum Theatre Pantomime					
	Curriculum Enrichment																
Music Enrichment	Young Shakespeare Company Performance	Young Shakespeare Company Workshops	West End in Schools Performance	West End in Schools Drama Workshops	End of Year Celebration Concert	Music Examinations	Weekly Music Lessons	Choir	Philharmonic Concert	LDSCA Choir Festival	Choir Performance at Met Cathedral						
	Wider Music Opportunities																
	Weekly Instrumental lessons	Orchestra	Christmas Concert	End of Year Celebration Concert	Music Examinations	Weekly Music Lessons	Choir	Philharmonic Concert	LDSCA Choir Festival	Choir Performance at Met Cathedral							
Sporting Opportunities	Curriculum Opportunities																
	Weekly PE taught by specialist coach	Half termly Swimming lessons	Enrichment lessons – cricket/ golf	Wavertree Track Club	Sports Day at Police Club	Sports Activity Day at IM Marsh	Inter- House sports competitions	Lunchtime Playleaders									
	Liverpool Schools Sports Partnership (LSSP)																
Extra Curricular	Football	Cricket	Golf	Indoor Athletics	Hockey	Lacrosse	Cross Country	Athletics	Independent Schools Football Competition	Cross School Netball	Cross school Football	Liverpool schools Swimming Gala					
	Music				Sport				Other								
	Orchestra	Guitar	Choir	Athletics	Judo	Fencing	Netball	Cross Country	Football	Cricket	Debate Club	Cookery	Chess	Spanish			
Whole School	Fundraising																
	School Chosen Charity	Comic Relief	Children In Need	Good Shepherd	South Liverpool Foodbank	House Theme Days	Internet Safety	Road Safety	Science	Computing	Art Projects						

Age Group	Being Me In My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Ages 3-5 (F1-F2)	Self-identity Understanding feelings Being in a classroom Being gentle Rights and responsibilities	Identifying talents Being special Families Where we live Making friends Standing up for yourself	Challenges Perseverance Goal-setting Overcoming obstacles Seeking help Jobs Achieving goals	Exercising bodies Physical activity Healthy food Sleep Keeping clean Safety	Family life Friendships Breaking friendships Falling out Dealing with bullying Being a good friend	Bodies Respecting my body Growing up Growth and change Fun and fears Celebrations
	Feeling special and safe Being part of a class Rights and responsibilities Rewards and feeling proud Consequences Owning the Learning Charter	Similarities and differences Understanding bullying and knowing how to deal with it Making new friends Celebrating the differences in everyone	Setting goals Identifying successes and achievements Learning styles Working well and celebrating achievement with a partner Tackling new challenges Identifying and overcoming obstacles Feelings of success	Keeping myself healthy Healthier lifestyle choices Keeping clean Being safe Medicine safety/safety with household items Road safety Linking health and happiness	Belonging to a family Making friends/being a good friend Physical contact preferences People who help us Qualities as a friend and person Self-acknowledgement Being a good friend to myself Celebrating special relationships	Life cycles – animal and human Changes in me Changes since being a baby Differences between female and male bodies (correct terminology) Linking growing and learning Coping with change Transition
Ages 6-7	Hopes and fears for the year Rights and responsibilities Rewards and consequences Safe and fair learning environment Valuing contributions Choices Recognising feelings	Assumptions and stereotypes about gender Understanding bullying Standing up for self and others Making new friends Gender diversity Celebrating difference and remaining friends	Achieving realistic goals Perseverance Learning strengths Learning with others Group co-operation Contributing to and sharing success	Motivation Healthier choices Relaxation Healthy eating and nutrition Healthier snacks and sharing food	Different types of family Physical contact boundaries Friendship and conflict Secrets Trust and appreciation Expressing appreciation for special relationships	Life cycles in nature Growing from young to old Increasing independence Differences in female and male bodies (correct terminology) Assertiveness Preparing for transition
Ages 7-8	Setting personal goals Self-identity and worth Positivity in challenges Rules, rights and responsibilities Rewards and consequences Responsible choices Seeing things from others' perspectives	Families and their differences Family conflict and how to manage it (child-centred) Witnessing bullying and how to solve it Recognising how words can be hurtful Giving and receiving compliments	Difficult challenges and achieving success Dreams and ambitions New challenges Motivation and enthusiasm Recognising and trying to overcome obstacles Evaluating learning processes Managing feelings Simple budgeting	Exercise Fitness challenges Food labelling and healthy swaps Attitudes towards drugs Keeping safe and why it's important online and off line scenarios Respect for myself and others Healthy and safe choices	Family roles and responsibilities Friendship and negotiation Keeping safe online and who to go to for help Being a global citizen Being aware of how my choices affect others Awareness of how other children have different lives Expressing appreciation for family and friends	How babies grow Understanding a baby's needs Outside body changes Inside body changes Family stereotypes Challenging my ideas Preparing for transition

Age Group	Being Me In My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Ages 8-9	Being part of a class team Being a school citizen Rights, responsibilities and democracy (school council) Rewards and consequences Group decision-making Having a voice What motivates behaviour	Challenging assumptions Judging by appearance Accepting self and others Understanding influences Understanding bullying Problem-solving Identifying how special and unique everyone is First impressions	Hopes and dreams Overcoming disappointment Creating new, realistic dreams Achieving goals Working in a group Celebrating contributions Resilience Positive attitudes	Healthier friendships Group dynamics Smoking Alcohol Assertiveness Peer pressure Celebrating inner strength	Jealousy Love and loss Memories of loved ones Getting on and Falling Out Girlfriends and boyfriends Showing appreciation to people and animals	Being unique Having a baby Girls and puberty Confidence in change Accepting change Preparing for transition Environmental change
Ages 9-10	Planning the forthcoming year Being a citizen Rights and responsibilities Rewards and consequences How behaviour affects groups Democracy, having a voice, participating	Cultural differences and how they can cause conflict Racism Rumours and name-calling Types of bullying Material wealth and happiness Enjoying and respecting other cultures	Future dreams The importance of money Jobs and careers Dream job and how to get there Goals in different cultures Supporting others (charity) Motivation	Smoking, including vaping Alcohol Alcohol and anti-social behaviour Emergency aid Body image Relationships with food Healthy choices Motivation and behaviour	Self-recognition and self-worth Building self-esteem Safer online communities Rights and responsibilities online Online gaming and gambling Reducing screen time Dangers of online grooming SMART internet safety rules	Self- and body image Influence of online and media on body image Puberty for girls Puberty for boys Conception (including IVF) Growing responsibility Coping with change Preparing for transition
Ages 10-11	Identifying goals for the year Global citizenship Children's universal rights Feeling welcome and valued Choices, consequences and rewards Group dynamics Democracy, having a voice Anti-social behaviour Role-modelling	Perceptions of normality Understanding disability Power struggles Understanding bullying Inclusion/exclusion Differences as conflict, difference as celebration Empathy	Personal learning goals, in and out of school Success criteria Emotions in success Making a difference in the world Motivation Recognising achievements Compliments	Taking personal responsibility How substances affect the body Exploitation, including 'county lines' and gang culture Emotional and mental health Managing stress	Mental health Identifying mental health worries and sources of support Love and loss Managing feelings Power and control Assertiveness Technology safety Take responsibility with technology use	Self-image Body image Puberty and feelings Conception to birth Reflections about change Physical attraction Respect and consent Boyfriends/girlfriends Sexting Transition



British Values at Carleton House Preparatory School



At Carleton House Preparatory School we value all of our children and families.

We are an inclusive Catholic school committed to our faith, welcoming all denominations of girls and boys aged 3-11. We provide an education based on strong moral and personal values with Christ at the centre of all that we do. Our mission statement, 'We Live, Love and Learn with Jesus,' is lived out through our daily interactions. Inclusivity enriches our school; our pupils grow in mutual understanding and respect.

We provide a Catholic curriculum, which is broad and balanced, recognising that every pupil is unique and is created in the image and likeness of God. We want our children to be independent learners so they can make their own choices and build and develop strong relationships and friendships with lots of people. We expect children to join in and try their best and to follow our simple rules. All of these things are the foundations for our children to grow into good citizens and promote the "British Values" of democracy, the rule of law, individual liberty, mutual respect and tolerance.

Democracy

- Through our school council
- Taking part in debates in class
- Extra curricular debate club
- Pupils vote for head boy/ head girl
- Pupils vote for school council members
- Children given opportunity to plan own activities
- Parents lead our P.T.A
- We listen to children's and parent's voices – questionnaires

Rule of Law

- Together we wrote and agreed our new 'Carleton Charter'
- Children understand simple class rules
- Children understand why we have rules
- Our policies and procedures are consistent
- There is a consequence if a rule is broken
- Our clear behaviour policy is known and understood by all
- We encourage visits from local police to reinforce the message of what is lawful
- We teach about the 10 commandments through religious education

Individual liberty

- Children are encouraged to make choices and be independent in their learning
- We educate children and provide boundaries so they can make choices safely
- We collaborate individual interests

Mutual Respect

- Our Mission statement is inclusive
- We understand that all children are different
- We recognise they all develop at their own rates
- We promote respect for others
- We have an effective anti-bullying policy
- We support a range of different charities
- We celebrate different occasions that are important to our families and the wider world

Tolerance

- We promote respect and tolerance for different people, faith, cultures and languages
- We have positive images reflecting diversity
- We ensure we offer children exposure to a wide range of cultures

Curriculum Map for Carleton 4 Life lessons – Journey in Love and Jigsaw

	Aut1 'Being Me In My World'	Aut2 'Celebrating Difference'	Spr1 'Dreams and Goals'	Spr2 'Healthy Me'	Sum1 'Relationships'	Sum2 'Changing Me'
EYFS <i>Jigsaw</i>	Self-identity Understanding feelings Being in a classroom Being gentle Rights and responsibilities	Identifying talents Being special Families Where we live Making friends Standing up for yourself	Challenges Perseverance Goal-setting Overcoming obstacles Seeking help Jobs Achieving goals	Exercising bodies Physical activity Healthy food Sleep Keeping clean Safety	Family life Friendships Breaking friendships Falling out Dealing with bullying Being a good friend	Bodies Respecting my body Growing up Growth and change Fun and fears Celebrations
<i>Journey In Love</i>	Social and Emotional To recognise the joy of being a special person in my family Spiritual To recognise the joy of being a special person in God's family	Physical To recognise that we are all different and unique.				
1 <i>Jigsaw</i>	Feeling special and safe Being part of a class Rights and responsibilities Rewards and feeling proud	Similarities and differences Understanding bullying and knowing how to deal with it Making new friends Celebrating the differences in everyone	Setting goals Identifying successes and achievements Learning styles Working well and celebrating achievement with a partner	Keeping myself healthy Healthier lifestyle choices Keeping clean Being safe Medicine safety/safety with	Belonging to a family Making friends/being a good friend Physical contact preferences People who help us Qualities as a friend and person	Life cycles – animal and human Changes in me Changes since being a baby Differences between female and male bodies (correct terminology)

<i>Journey In Love</i>	Consequences Owning the Learning Charter Social and Emotional To recognise the signs that I am loved in my family.		Tackling new challenges Identifying and overcoming obstacles Feelings of success	household items Road safety Linking health and happiness Spiritual To celebrate ways that God loves and cares for us.	Self- acknowledgement Being a good friend to myself Celebrating special relationships Physical To recognise how I am cared for and kept safe in my family.	Linking growing and learning Coping with change Transition
2 <i>Jigsaw</i> <i>Journey In Love</i>	Hopes and fears for the year Rights and responsibilities Rewards and consequences Safe and fair learning environment Valuing contributions Choices Recognising feelings Spiritual To celebrate ways of meeting God in our communities.	Assumptions and stereotypes about gender Understanding bullying Standing up for self and others Making new friends Gender diversity Celebrating difference and remaining friends Social and Emotional To recognise the joy and friendship of belonging to a diverse community.	Achieving realistic goals Perseverance Learning strengths Learning with others Group co-operation Contributing to and sharing success	Motivation Healthier choices Relaxation Healthy eating and nutrition Healthier snacks and sharing food	Different types of family Physical contact boundaries Friendship and conflict Secrets Trust and appreciation Expressing appreciation for special relationships Physical To describe ways of being safe in communities.	Life cycles in nature Growing from young to old Increasing independence Differences in female and male bodies (correct terminology) Assertiveness Preparing for transition
3 <i>Jigsaw</i>	Setting personal goals Self-identity and worth	Families and their differences Family conflict and how to manage it	Difficult challenges and achieving success Dreams and ambitions	Exercise Fitness challenges Food labelling and healthy swaps	Family roles and responsibilities Friendship and negotiation	How babies grow Understanding a baby's needs Outside body changes

<i>Journey In Love</i>	Positivity in challenges Rules, rights and responsibilities Rewards and consequences Responsible choices Seeing things from others' perspectives Spiritual To celebrate the joy and happiness of living in friendship with God and others.	(child-centred) Witnessing bullying and how to solve it Recognising how words can be hurtful Giving and receiving compliments Physical To describe and give reasons why friendships can break down, how they can be repaired and strengthened.	New challenges Motivation and enthusiasm Recognising and trying to overcome obstacles Evaluating learning processes Managing feelings Simple budgeting	Attitudes towards drugs Keeping safe and why it's important online and off line scenarios Respect for myself and others Healthy and safe choices	Keeping safe online and who to go to for help Being a global citizen Being aware of how my choices affect others Awareness of how other children have different lives Expressing appreciation for family and friends Social and Emotional To describe and give reasons how friendships make us feel happy and safe.	Inside body changes Family stereotypes Challenging my ideas Preparing for transition
4 <i>Jigsaw</i>	Being part of a class team Being a school citizen Rights, responsibilities and democracy (school council) Rewards and consequences Group decision-making Having a voice What motivates behaviour	Challenging assumptions Judging by appearance Accepting self and others Understanding influences Understanding bullying Problem-solving Identifying how	Hopes and dreams Overcoming disappointment Creating new, realistic dreams Achieving goals Working in a group Celebrating contributions Resilience Positive attitudes	Healthier friendships Group dynamics Smoking Alcohol Assertiveness Peer pressure Celebrating inner strength	Jealousy Love and loss Memories of loved ones Getting on and Falling Out Girlfriends and boyfriends Showing appreciation to people and animals	Being unique Having a baby Girls and puberty Confidence in change Accepting change Preparing for transition Environmental change

<i>Journey In Love</i>	Physical To describe how we should treat others making links with the diverse modern society we live in.	special and unique everyone is First impressions		Social and Emotional To describe how we all should be accepted and respected.		Spiritual To celebrate the uniqueness and innate beauty of each of us.
5 <i>Jigsaw</i>	Planning the forthcoming year Being a citizen Rights and responsibilities Rewards and consequences How behaviour affects groups Democracy, having a voice, participating	Cultural differences and how they can cause conflict Racism Rumours and name-calling Types of bullying Material wealth and happiness Enjoying and respecting other cultures	Future dreams The importance of money Jobs and careers Dream job and how to get there Goals in different cultures Supporting others (charity) Motivation	Smoking, including vaping Alcohol Alcohol and anti-social behaviour Emergency aid Body image Relationships with food Healthy choices Motivation and behaviour	Self-recognition and self-worth Building self-esteem Safer online communities Rights and responsibilities online Online gaming and gambling Reducing screen time Dangers of online grooming SMARRT internet safety rules	Self- and body image Influence of online and media on body image Puberty for girls Puberty for boys Conception (including IVF) Growing responsibility Coping with change Preparing for transition
<i>Journey In Love</i>					Social and Emotional To show knowledge and understanding of emotional relationship changes as we grow and develop.	Physical To show knowledge and understanding of the physical changes in puberty. Spiritual To celebrate the joy of growing physically and spiritually.

6	Identifying goals for the year Global citizenship Children's universal rights Feeling welcome and valued Choices, consequences and rewards Group dynamics Democracy, having a voice Anti-social behaviour Role-modelling	Perceptions of normality Understanding disability Power struggles Understanding bullying Inclusion/exclusion Differences as conflict, difference as celebration Empathy Social and Emotional To develop a secure understanding that stable and caring relationships, which may be of different types, are at the heart of happy families.	Personal learning goals, in and out of school Success criteria Emotions in success Making a difference in the world Motivation Recognising achievements Compliments	Taking personal responsibility How substances affect the body Exploitation, including 'county lines' and gang culture Emotional and mental health Managing stress	Mental health Identifying mental health worries and sources of support Love and loss Managing feelings Power and control Assertiveness Technology safety Take responsibility with technology use	Self-image Body image Puberty and feelings Conception to birth Reflections about change Physical attraction Respect and consent Boyfriends/girlfriends Sexting Transition Physical To explain how human life is conceived. Spiritual To show an understanding of how being made in the image and likeness of God informs decisions and actions when building relationships with others, including life-long relationships.
Jigsaw						
Journey In Love						