

Relationship, Sex and Health Education Policy (RSHE) 2023



Carleton House Preparatory School

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We live, love and learn with Jesus.

Rationale

'I HAVE COME THAT YOU MIGHT HAVE LIFE AND HAVE IT TO THE FULL'

(Jn.10.10)

We are involved in Relationship, Sex and Education (RSE) precisely because of our Christian beliefs about God and about the human person. The belief in the unique dignity of the human person made in the image and likeness of God underpins the approach to all education in a Catholic school. Our approach to RSE therefore is rooted in the Catholic Church's teaching of the human person and presented in a positive framework of Christian ideals.

At the heart of the Christian life is the Trinity; Father, Son and Spirit in communion, united in loving relationship and embracing all people and all creation. As a consequence of the Christian belief that we are made in the image and likeness of God, gender and sexuality are seen as God's gift, reflect God's beauty, and share in the divine creativity. RSE, therefore, will be placed firmly within the context of relationship as it is there that sexuality grows and develops.

Following the guidance of the Bishops of England and Wales and as advocated by the DFE (and the Welsh Assembly Government) RSE will be firmly embedded in the PSHE/RSHE framework as it is concerned with nurturing human wholeness and integral to the physical, spiritual, emotional, moral, social and intellectual development of pupils. It is centred on Christ's vision of being human as good news and will be positive and prudent, showing the potential for development, while enabling the dangers and risks involved to be understood and appreciated.

All Relationship, Sex and Health Education RSHE will be in accordance with the Church's moral teaching. It will emphasise the central importance of marriage and the family whilst acknowledging that all pupils have a fundamental right to have their life respected whatever household they come from. It will also prepare pupils for life in modern Britain.

<u>Aim</u>

Carleton House aims to provide a suitable programme that follows the statutory need to include RSHE into their curriculum from September 2020 which meets the ethos of its Catholic identity and mission.

The purpose of this Relationship, Sex and Health Education (RSHE) policy is to set out the ways in which the school's provision supports pupils through their spiritual, moral, social, emotional and physical development, and prepares them for the opportunities, responsibilities and experiences of life growing up in today's world.

Our school's mission embraces the spiritual, physical, intellectual, emotional, moral and social development of children and young people, and through an agreed approach to Relationship and Sex Education (RSE) using the Archdiocesan recommended resource Journey In Love we believe that we can promote the development of the whole child, so that children can grow in *virtue*, *wisdom and stature*, understanding both the emotional, social and physical aspects of growing spiritually, as well as moral aspects of relationships within a context of a Christian vision for the purpose of life.

The other aspects of the Statutory curriculum intent will be met by Journey In Love. Mapping for this is available in the appendices.

The Purpose

The aims of Relationship, Sex and Health Education (RSHE) at Carleton House are to:

- Provide a framework in which sensitive discussions can take place.
- Help pupils develop feelings of dignity, self-worth, self-respect, confidence and empathy.
- Prepare pupils for puberty and give them an understanding of sexual development and the importance of health and hygiene.
- Create a positive culture around issues of sexuality and relationships.
- Teach pupils the correct vocabulary to describe themselves and their bodies.

Statutory Requirements

At Carleton House, we must provide Relationships Education to all pupils as per section 34 of the Children and Social work act 2017.

In teaching Relationship and Sex Education, we must have regard to Catholic Education Service guidance issued by the Bishops Conference of England and Wales 2017.

The statutory guidance from the Department for Education issued under Section 80A of the Education Act 2002 and section 403 of the Education Act 1996 Appendix A

The statutory guidance from the Department for Education Equality Act 2010.

Policy Development

This policy has been developed in consultation with staff, pupils and parents. The consultation and policy development process involved the following steps:

- 1. Review Head Teacher, Deputy Head Teacher, RE, PSHE, RSHE lead and RE Governor.
- 2. Staff consultation all school staff were given the opportunity to look at the policy and make recommendations.
- 3. Parent/stakeholder consultation –Policy shared with parents and any interested parties via email and displayed on website
- 4. Pupil consultation during lesson time
- 5. Ratification once amendments were made, the policy was shared with governors and ratified.

Definition

Relationship, Sex and Health Education involves a combination of sharing information, and exploring issues underpinned by our Catholic values.

Relationship Sex and Health Education is about the emotional, social and cultural development of pupils, and involves learning about personal relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.

Curriculum

We have developed our curriculum with recommendations from the Archdiocesan Education Department to ensure that they meet with Catholic Church teaching.

After consultation with parents Relationship Sex Education will be covered using the Archdiocesan recommended resource 'Journey In Love' 2020 this includes *sexual intercourse at Year 6. (See right of withdrawal)

We have considered the age, stage and feelings of pupils and have consulted with parents and staff to ensure we are offering a quality curriculum which is adequately catered to meet their needs.

If pupils ask questions outside the scope of our curriculum, teachers will respond in an appropriate manner so they are fully informed and do not seek answers online.

Delivery of Relationship, Sex and Health Education (RSHE)

Relationship and Sex Education (RSE) is taught both discretely and within the Personal, Social and Health Education (PSHE) curriculum lessons. Some aspects of the RSHE curriculum may be touched upon in other lessons as it shares links with Religious Education, Science and Physical Education.

Our RSHE will ensure that content is relevant to the age, experience and maturity of pupils.

The new statutory guidance for Relationships education focuses on teaching the fundamental building blocks and characteristics of positive relationships including:

- Families and people who care for me.
- Caring friendships.
- Respectful relationships.
- Online relationships.
- · Being safe.

These areas of learning are taught within the context of 'family life' and could include married or single parent families, same sex parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures, along with reflecting sensitively that some children may have a support structure around them (for example: looked after children or young carers).

As a school, we promote equality of opportunity and foster good relations. Our school environment uniformly applies values of inclusion and respect to all pupils and their families. All staff are proactive in promoting positive relationships and receive regular training.

Equal Opportunities

All pupils have access to the RSHE curriculum. Where pupils have specific educational needs, arrangements for support from outside agencies and support staff are made to ensure these pupils have an appropriate, differentiated curriculum.

Roles and Responsibility

The Governing Body

The governing body will approve the RSHE policy and hold the headteacher to account for its implementation.

The Headteacher

The headteacher is responsible for ensuring that RSHE is taught consistently across the school and for managing requests to withdraw pupils from the non-statutory element of Relationship and Sex Education in Year 6* (see right of withdrawal)

Staff

Staff do not have the right to opt out of teaching RSHE as this forms part of the Teaching Standards. Any staff who have concerns about teaching RSHE are encouraged to discuss this with the headteacher.

Staff are responsible for:

- Delivering RSHE in a sensitive way which complies with Church teaching.
- Modelling positive attitudes to RSHE.
- Monitoring progress.
- Responding to the needs of individual pupils.
- Responding appropriately to pupils whose parents wish them to be withdrawn from the non-statutory components of RSE.

Pupils

Pupils are expected to engage fully in RSHE and, when discussing issues related to RSHE, treat others with dignity, respect and sensitivity.

Parents' right to withdraw

Parents have the right to withdraw their children from the non-statutory component of sex education in Year 6. This is where sexual intercourse is taught discretely as part of the Physical aspect within Journey In Love the Archdiocesan recommended resource.

Requests for withdrawal should be made in writing and addressed to the headteacher. The headteacher will discuss the request with parents and take appropriate action.

Alternative work will be given to pupils who are withdrawn from RSE.

Parents do not have the right to withdraw their children from Statutory Relationships Education as set out in the DFE guidance 2020.

Monitoring arrangements

The delivery of RSHE is monitored by RE/RSHE/PSHE lead by undertaking learning walks, staff and pupil consultations, planning and work scrutinies and questionnaires.

Pupils' development in RSE is monitored by class teachers as part of our internal informal assessment systems. This policy will be agreed annually by the governors and reviewed every three years.

Resources

Journey In Love (RSE)

Jigsaw (PSHE)

The Science Curriculum

Primary Relationships Education (DfE) Objectives

Families and people who care for me

That families are important for children growing up because they can give love, security and stability	All
The characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives	Years 1 - 6
That others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care	Years 1 - 6
That stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up	Years 1 - 6
That marriage represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong	UKS2
How to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed	3, 6

Caring friendships

How important friendships are in making us feel happy and secure, and how people choose and make friends	EYFS, Year 2
The characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties	Years 3 & 4
That healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded	Years 3 & 4
That most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right	Years 3, 4 & 6
How to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed	All

Respectful relationships

The importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs	All
Practical steps they can take in a range of different contexts to improve or support respectful relationships	Years 1 - 6
The conventions of courtesy and manners	4
The importance of self-respect and how this links to their own happiness	Years 1 - 6
That in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority	Years 1 - 6
About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders (primarily reporting bullying to an adult) and how to get help	Years 1 - 6
What a stereotype is, and how stereotypes can be unfair, negative or destructive	Years 2,4 & 5
The importance of permission-seeking and giving in relationships with friends, peers and adults	Years 1 - 6

Online relationships

That people sometimes behave differently online, including by pretending to be someone they are not	Years 5 & 6
That the same principles apply to online relationships as to face-to face relationships, including the importance of respect for others online including when we are anonymous	Years 3, 4, 5 & 6
The rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them	Years 1 - 6
How to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met	Years 3, 4, 5 & 6
How information and data is shared and used online	Years 1 - 6

Being safe

What sorts of boundaries are appropriate in friendships with peers and others (including in a digital context)	Years 1 - 6
About the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe	EYFS – Year 6
That each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact	EYFS – Year 6
How to respond safely and appropriately to adults they may encounter (in all contexts, including online) whom they do not know	Years 1 - 6
How to recognise and report feelings of being unsafe or feeling bad about any adult	Years 1 - 6
How to ask for advice or help for themselves or others, and to keep trying until they are heard	Years 1 - 6
How to report concerns or abuse, and the vocabulary and confidence needed to do so	Years 1 - 6
Where to get advice from e.g. family, school and/or other sources	Years 1 - 6

Mental wellbeing

That mental wellbeing is a normal part of daily life,in the same way as physical health	Years 1,3,4,5 & 6
That there is a normal range of emotions (e.g. happiness, sadness, anger, fear, surprise, nervousness) and scale of emotions that all humans experience in relation to different experiences and situations	EYFS, Y3, Y4, Y5 & Y6
How to recognise and talk about their emotions, including having a varied vocabulary of words tonuse when talking about their own and others' feelings	Y3, Y4, Y5 & Y6
How to judge whether what they are feeling and how they are behaving is appropriate and proportionate	Y3, Y4, Y5 & Y6
The benefits of physical exercise, time outdoors, community participation, voluntary and service- based activity on mental wellbeing and happiness	Years 1, 3 & 5
Simple self-care techniques, including the importance of rest, time spent with friends and family and the benefits of hobbies and interests	Year 2
Isolation and loneliness can affect children and that it is very important for children to discuss their feelings with an adult and seek support	Year 3
That bullying (including cyberbullying) has a negative and often lasting impact on mental wellbeing	Years 1 - 6
Where and how to seek support (including recognising the triggers for seeking support), including whom in school they should speak to if they are worried about their own or someone else's mental wellbeing or ability to control their emotions (including issues arising online)	Years 1 - 6
It is common for people to experience mental ill health. For many people who do, the problems can be resolved if the right support is made available, especially if accessed early enough	Years 5 and 6

Internet safety and harms

That for most people the internet is an integral part of life and has many	Years 1 - 6
benefits	
About the benefits of rationing time spent online, the risks of excessive	Years 1 - 6
time spent on electronic devices and the impact of positive and negative	
content online on their own and others' mental and physical wellbeing	
How to consider the effect of their online actions on others and know	Years 1 - 6
how to recognise and display respectful behaviour online and the	
importance of keeping personal information private	
Why social media, some computer games and online gaming, for	Years 5 & 6
example, are age restricted	
That the internet can also be a negative place where online abuse,	Years 1, 2, 3, 4, 5 & 6
trolling, bullying and harassment can take place, which can have a	
negative impact on mental health	
How to be a discerning consumer of information online including	Years 4, 5 & 6
understanding that information, including that from search engines, is	
ranked, selected and targeted	
Where and how to report concerns and get support with issues online	Years 2, 3, 4, 5 & 6

Physical health and fitness

The characteristics and mental and physical benefits of an active	EYFS – Year 6
lifestyle	
The importance of building regular exercise into daily and weekly routines and how to achieve this; for example walking or cycling to school, a daily active mile or other forms of regular, vigorous exercise	EYFS – Year 6
The risks associated with an inactive lifestyle (including obesity)	Years 1 - 6
How and when to seek support including which adults to speak to in	Years 1 - 6
school if they are worried about their health	

Healthy eating

What constitutes a healthy diet (including understanding calories and other nutritional content)	EYFS – Year 6
The principles of planning and preparing a range of healthy meals	Years 1 - 4
The characteristics of a poor diet and risks associated with unhealthy eating (including, for example, obesity and tooth decay) and other behaviours (e.g. the impact of alcohol on diet or health)	Years 3 - 6

Drugs, alcohol and tobacco

The facts about legal and illegal harmful substances and associated	Years 1 - 6
risks, including smoking, alcohol use and drug-taking	

Health and prevention

How to recognise early signs of physical illness, such as weight loss, or unexplained changes to the body	Years 3 - 6
About safe and unsafe exposure to the sun, and how to reduce the risk of sun damage, including skin cancer	All years groups – Pastoral provision during the Summer
	term
The importance of sufficient good quality sleep for good health and that a	Years 1 - 6
lack of sleep can affect weight, mood and ability to learn	
About dental health and the benefits of good oral hygiene and dental	EYFS, Year 4
flossing, including regular check- ups at the dentist	
About personal hygiene and germs including bacteria, viruses, how They are spread and treated, and the importance of handwashing	EYFS – Year 6
The facts and science relating to allergies, immunisation and vaccination	Year 6

Basic first aid

How to make a clear and efficient call to emergency services if necessary	Year 5
Concepts of basic first aid, for example dealing with common injuries, including head injuries	Year 5

Changing Adolescent body

Key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes	Year 5 & 6
About menstrual wellbeing including the key facts about the menstrual cycle	Year 5

Appendix 2

Statutory Science Objectives

Early Years Foundation Stage children learn about life cycles. Through on-going personal, social and emotional development they develop the skills to form relationships and think about relationships with others.

In Key Stage 1 children learn:

- That animals, including humans, move, feed, grow and use their senses and reproduce
- To recognise and compare the main external parts of the bodies of humans
- That humans and animals can reproduce offspring and these grow into adults
- To recognise similarities and differences between themselves and others
- To treat others with sensitivity

In Key Stage 2 children learn:

- That the life processes common to humans and other animals including nutrition, growth and reproduction
- About the main stages of the human life cycle

Appendix 3

Journey in Love Objectives.

Year	Content	DfE Personal Relationships
		Categories
Early Years	Social and Emotional To recognise the joy of being a special person in my family Physical To recognise that we are all different and unique. Spiritual To recognise the joy of being a special person in God's family	Families and people who care for me. Caring friendships Respectful relationships Being safe
1	Social and Emotional To recognise the signs that I am loved in my family. Physical To recognise how I am cared for and kept safe in my family. Spiritual To celebrate ways that God loves and cares for us.	Families and people who care for me. Caring friendships Respectful relationships Online relationships Being safe
2	Social and Emotional To recognise the joy and friendship of belonging to a diverse community. Physical To describe ways of being safe in communities. Spiritual To celebrate ways of meeting God in our communities.	Families and people who care for me. Caring friendships Respectful relationships Being Safe
3	Social and Emotional To describe and give reasons how friendships make us feel happy and safe. Physical To describe and give reasons why friendships can break down, how they can be repaired and strengthened. Spiritual To celebrate the joy and happiness of living in friendship with God and others.	Families and people who care for me. Caring friendships Respectful relationships Online relationships Being safe
4	Social and Emotional To describe how we all should be accepted and respected. Physical To describe how we should treat others making links with the diverse modern society we live in. Spiritual To celebrate the uniqueness and innate beauty of each of us.	Families and people who care for me. Caring friendships Respectful relationships Being safe
5	Social and Emotional To show knowledge and understanding of emotional relationship changes as we grow and develop. Physical To show knowledge and understanding of the physical changes in puberty. Spiritual To celebrate the joy of growing physically and spiritually.	Families and people who care for me. Caring friendships Respectful relationships Online relationships Being safe
6	Social and Emotional To develop a secure understanding that stable and caring relationships, which may be of different types, are at the heart of happy families. Physical To explain how human life is conceived. Spiritual To show an understanding of how being made in the image and likeness of God informs decisions and actions when building relationships with others, including life-long relationships.	Families and people who care for me. Caring friendships Respectful relationships Online relationships Being safe

Appendix 4

Come and See topics and content relevant to RSHE.

EARLY YEARS	5	
MYSELF	God knows and loves each one	 Each one's name isimportant I am special and have aspecial name I have a family name Everyone is precious toGod
WELCOME	Baptism a welcome to God's family	 How we are made to feelwelcome How do we show othersthat they are welcomed? How is a baby welcomed into a family?
BIRTHDAY	Looking forward to Jesus' birthday	 Why do we celebratebirthdays? What a birthday is What people do while they wait for a birthday Some of the ways birthdays are celebrated
CELEBRATIN G	People celebrate in church	 Why is celebratingimportant? What is good aboutcelebrating together? What a celebration is Different elements ofcelebration Different ways ofcelebrating
GATHERING	The parish family gathers to celebrate Eucharist	 Why do we gathertogether? How we gather as a church/parish family What are the things that are better done together and why? The importance ofgathering
GROWING	Looking forward to Easter	 The ways in which wegrow That spring is a time when things begin to grow The ways in which we can grow in love to be more like Jesus
GOOD NEWS	Passing on the Good News of Jesus	 How they and othersfeel when they have good news. The joy and happiness the good news brings That everyone has good news to share
FRIENDS	Friends of Jesus	
OUR WORLD	God's wonderful world	 How wonderful ourworld is How we could make God's world even more wonderful What would happen ifwe did not look after our world? What we love about our world. What fills us with wonder about our world. Everyone shares God'sworld. How we would feel if wedid not work together to share God's world.

YEAR 1		
FAMILIES	God's love and carefor every family	 How families show loveand care for each other. God's love and care forthem and their families. How God shows love and care for individuals, families and all of creation
BELONGING	Baptism an invitation to belong to God's family	 What it feels like to belong The experience ofbelonging to their family and the Church family How babies are welcomedinto the Church family.? Parents are blessed.
WAITING	Advent a time to look forward to Christmas	 How we feel when we arewaiting Why waiting can bedifficult at times Others may help us as wewait We can help others.
SPECIAL PEOPLE	People in the parish family	 Special people help us What makes a person special? How we can love and serve each other There are people who dospecial jobs at Mass when the parish familygathers Some of ways in which these people help
MEALS	Mass; Jesus' specialmeal	 What important for ahappy meal What makes a family mealspecial? Preparation for a meal. How we love and serveJesus How it is good to say thank you for our meals
CHANGE	Lent a time for change	 How the season change. The ways we change and grow in love and kindness. How we can change and make a new start in Lent.
HOLIDAYS AND HOLYDAYS	Pentecost: the feast of the Holy Spirit	 Why are holidays different from ordinary days? What makes holidays happy times How holidays are times to relax and do something different We should thank God for holidays and our wonderful world
BEING SORRY	God helps us to choose well	 Making choices that help us feel happy. Making choices that makeus feel unhappy. What helps us to make good choices. How would it be if everyone followed Jesus'new rule to 'love oneanother'. Sometimes hard to saysorry and to forgive. It is good to say sorry The end of the day is a good time to reflect on the
NEIGHBOURS	Neighbours share God's world	 choices made and to ask God's forgiveness. Who is our neighbour? What makes a goodneighbour? How we can be a goodneighbour What happens if someone is not a good neighbour

YEAR 2		
BEGINNINGS	God is present in every beginning	 How you feel when you begin anything new Why some beginningsand easy and some are difficult How we begin our day How each day is a new beginning. God cares foreveryone. God being present in all new beginnings
SIGNS & SYMBOLS	Signs and symbols used in Baptism	 The meaning and importance of somesymbols in life. The power of symbols to convey meaning Some of the signs and symbols in daily life
PREPARING	Advent; preparing to celebrate Christmas	 Why is it necessary to prepare? What would happen if you didn't prepare? How you feel when you are preparing for special times? What is the best way to prepare for Jesus' coming?
BOOKS	The books used in Church	 The importance ofbooks in our lives. The need for books How books can help us
THANKSGIVING	Mass a special time for saying thank youto God for everything, especially Jesus	 How you feel when you thank others How you feel when you are thanked Why we thank God our Father How the parish family can spread the message of thanksgiving andpeace.
OPPORTUNITIES	Lent an opportunity to start a new in order to celebrate Jesus' new life	 How each day offersopportunities for good What helps a person choose well The opportunity of Lent offers to make a newstart
SPREAD THE WORD	Pentecost a time to spread the Good News	 The importance ofmessages in daily life The responsibility ofpassing on messages The new life of Jesus How the Holy Spirithelps Christians Jesus has promised usnew life
RULES	Reasons for rules in the Christian family	 The importance for ourselves and others of keeping rules. How rules are necessary in life How it is sometimes hard to say sorry How it is sometimes hard to forgive others The good feeling when people make up The difference betweendoing somethingaccidentally and on purpose. The importance andhelpfulness of Examining your conscience every day. A sorry prayer
TREASURES	God's treasure; the world	 What we treasure What treasures do weshare? We are God's treasure How we thank God forthe treasures of our world

Year 3		
HOMES	God's vision for every family	 What makes a house ahome What makes home a special place for you What makes a house ahome Why is family important
		 The respect of parents and children for one another What do you like to do at home, on your own and as a family What do people do for youat home, that makes you feel special What is sometimesdifficult about sharing and being part of a group at home God's dream for every family God is always there
PROMISES	The meaning of the commitment and promises made at Baptism	 What is good about beingin a group Why we have rules The importance of makingpromises How some promises are more difficult to keep than others The link between the promises made the consequences of actions following the promise. The role of parents and godparents in bringing up the child in the Faith What it means to live a child of the Light
VISITORS	The coming of Jesus	 How we welcomevisitors How we feel as avisitor The importance of preparing for visitors. The joys and demands of visitors
JOURNEYS	Christian family's journey with Jesus	 Each year has its specialtimes and seasons Life is a journey Who is with you on thejourney What makes it good difficulties times in thelife's journey What/who helps How we help one another on the journey
LISTENING SHARING	& Jesus gives himself tous in a special way	 The cost of sharing The joys of sharing The importance of listening well and sharing. The joys and difficulties of listening and sharing How feelings affect our own and others desire to listen and to share.
GIVING ALL	Lent a time to remember Jesus' total giving	 Why people are brave and give themselves to others The demands of total giving in terms of time and giving up something you what to do How people give themselves to others

	 Those in need and how we might help them. Lent an opportunity for giving, growing in goodness. Jesus' total giving
 Gifts of the Holy Spirit	 The energy of wind and offire. The best use of power ofwind and fire The inspiration of the HolySpirit The power and energy ofthe Holy Spirit The prayer to the HolySpirit The gifts of the Holy Spirit
	 Christians can use the gifts of the Holy Spirit to help others.
The importance of examination of conscience	 The meaning of choice andconsequence The importance of makinggood choices What helps in making goodchoices Consequences of choices What it means to examineyour conscience How God is alwaysforgiving
Special places for Jesus and the Christian community	 How places become special? What makes a placespecial? Special places for you andyour family? Why is our heart a specialplace? Keeping our world a special place? Why do Christians want to keep the world a special place?

YEAR 4		
PEOPLE	The family of God in Scripture	 The importance of families Family relationships Respect for those who gaveus life.
CALLED	Confirmation a time to renew baptismal promises	 Our response to being chosen What it feels like to bechosen Why it is difficult to makea response in some situations Giving up something elsewhen you are chosen. What help do you need tochose The work of the Holy Spirit in our lives The work of the Holy Spirit in the lives of Christians What it is to live in the light of Christ The commitment of people who respond to the call of God
GIFT	God's gift of love & friendship in Jesus	 What you value most about the gift of friendship What you offer others inyour friendship Why the gift of love and friendship is important The joys and demands of friendship The commitment required By the gift of love and friendship.

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COMMUNITY	life in the local Christian community: ministries in theparish	 The meaning of community The advantages of being part of a community? What helps to build up community The demands of being part of a community? Why people give time and service in helping others in their community The causes of abreakdown of a community How the parish community celebrates together and supports one another
GIVING & RECEIVING	Living in communion	 Your experience of giving and receiving. The importance of giving and receiving? The joys and demands of giving and receiving? Why it is important to live in communion Ways in which we live and grow in communion. How the Eucharist challenges and enables living and growing in communion?
SELF DISCIPLINE	Celebrating growth to new life	 The experience of giving upsomething and be very disciplined for a good reason. How to be self disciplined How self-discipline helps people to grow and make the best use of their potential Lent; the opportunity to make change and to prepare for Christ's Resurrection on Easter Sunday.
NEW LIFE	To hear &live the Easter message	 What you do when life is difficult The experience of good news bringing life. and happiness. How the power of theHoly Spirit helps Christians today
BUILDING BRIDGES	Admitting wrong, being reconciled with God and one another.	 What makes friendshipsstrong How decisions aboutfriendship are informedby beliefs and values. How friendships are built How friendships may be restored when they have been broken Sin and the importance of examining of your conscience The greatest commandment, love of God and others The meaning of contritionand of absolution Forgiveness of others
GOD'S PEOPLE	Different saints show people what God is like.	 What makes a person do extraordinary things? How ordinary people doextraordinary things. The qualities you admire inothers How true happiness can befound How you can do extraordinary things

YEAR 5		
OURSELVES	Created in the imageand likeness of God	 Talents and qualities youadmire in others Your own talents and qualities and how you use them Identify qualities in anyoneelse How talents and qualities are developed. We are made in the likeness of God What being unique means God's love for us How Christians are called tolive in peace. How people are made in God's image and likeness might live
LIFE CHOICES	Marriage, commitment and service	 The ingredients of a good friendship What fidelity means and how it applies to friendship Responsibilities friends have for one another Difficulties and joys of friendships What is important forfriendship to thrive What it feels like to have faithful friend Jesus' advice aboutrelationship? The importance of fidelity, loyalty and commitment in maintaining a friendship The importance of commitment and responsibility in relationships. What it means to be committed The work of Christian service The Sacrament of Marriage The symbols of the promises and the blessing of rings All are called to live in love and service
НОРЕ	Advent; waiting in joyful hope for Jesus; the promised one	 Your experience of waiting How people wait in differentways, for different things. Why waiting is a mystery How you can best use the time you spend waiting andwhat might help you What you think about when you are waiting for something exciting How you behave when youare waiting The difference between hope and expect Why people wait with hope The coming of Jesus at theend of time Advent is a time of waiting hopefully
MISSION	Continuing Jesus'mission in diocese. [ecumenism]	 The demands and joysbeing dedicated in your mission Discovering your mission? What inspires people in theirmission The joys and demands of engaging in a mission The reasons why people what to help others. How people carry out Jesus'mission today Jesus' prayer for unity
MEMORIAL SACRIFICE	The Eucharist; the living memorial of	 Why memories areimportant How it is possible to keep important memories alive About sacrifice in daily life

Jesus

SACRIFICE	Lent a time of	How you feel when you give
DACKII ICL	givingin order	· -
	to celebrate	How you feel when yourefuse to give.The cost of giving.
	the sacrifice	
	of Jesus	How people decide whetheror not to give How those decisions are informed by heliofs and
	or Jesus	 How those decisions are informed by beliefs and values
		 The costs or rewards of giving can be
		• That Lent is a season of giving to prepare for
		the Easter
TRANSFORM	Celebration	 How people can use theenergy of their minds for
ATION	of the Spirit's	the good of others.
	transforming	How people can use time andphysical energy for the well being of athors, and whythey about
	power	the well being of others and whythey should.
		How energy can transform
		 How we can use our energy to transform ourselves
		 How we can use the energy from the earth's
		resources ina fair and sustainable way.
		 How the power of the Holy Spirit helps Christians
		today
FREEDOM &	Commandme	 What freedom parents have aright to
RESPONSIB	nts enable	 What freedom children havea right to.
ILITY	Christians to	What is responsible and irresponsible
	be free &	behaviour.How rules can bring freedom
	responsible	_
		 How people know the boundaries that their personal freedom gives them.
		 How freedom and responsibility are linked.
		How people's perception of what their freedom
		allows may conflict with theexpectation of others.
		• How importance of the Ten Commandments
		forChristians today.
		How the Beatitudes show usa positive way of "For a state of the
		life.
		 Jesus teaching on the greatest commandments, love of God and others.
STEWARDSHIP	The Church	What I really care about
	is called to	Showing concern for whatI care for
	stewardship	 The meaning of stewardship
	ofCreation	 Understanding the wonders of God's creation
		People are made in theimage and likeness of
		God
		Christians can be good stewards. The Christian's responsibility to take same of to be
		 The Christian's responsibility to take care of, to be a steward of the earth
		 The importance of ecology
		• The importance of ecology

YEAR 6		
VOCATION	God who never stops loving	 What unconditional love means How love is shown How you are loved and cared for What members of your family do for each other How you show love to others How people have inspired and influenced you to show unconditional love to others What it means to be truly loving How people show unconditional love toothers The beliefs and values which have inspired and influenced you to be loving? The scripture text that demonstrate God's unconditional love foreveryone even when times are hard. The challenge these passages present to Christians. The Beatitudes and their meaning for today. God's unconditional love and what this means. By living in God's way, as Jesus showed us, we can grow in love.
VOCATION	The vocation	What it means to be committed? Why people are committed?
AND	of priesthood	Why people are committed?The implications of lack ofcommitment
COMMITMENT	and religious life	 Whom shows commitment How commitment affects the level of job satisfaction Responding to the call of Jesus Our mission in living out ourbaptismal vows
EXPECTATIONS	Jesus born to show God to theworld	 The expectations you haveof yourself Having high expectations ofothers Trusting and believing in one another What happens if you letpeople down or others let you down? Patience is important inexpectations The difference between wishing and expecting. The meaning of Advent
SOURCES	The Bible, the special book for the Church	 The kind of books which are the most helpful Our lives are enriched by books. The wonder of booksand how they take a person beyondthemselves The presence of God in the words of Scripture The care and reverence with which the Word of God is treated
UNITY	Eucharist enables people to live in communion.	 Why friendships areimportant The most important value infriendship What helps a friendship toflourish The kinds of behaviour thatbreak a friendship Those affected when a friendship is broken Mending broken friendships Becoming one with Christ and one another in Holy Communion The unity which Holy Communion brings

DEATH & NEW LIFE WITNESSES	Celebrating Jesus' death and resurrection The Holy Spirit enables people to become witnesses	 The affect of loss ineveryday life The change it brought What remained the same What is the best way to cope with loss How people cope with loss and death How death brings new life Lent, a time to remember the suffering and death of Jesus When to be a witness How to be a witness Why it sometimes needscourage to be a witness Examples of modernwitnesses The witness of a localcharity,
HEALING	Sacrament of theSick	 Showing compassion and care for those who are ill Our attitude towards those people are ill in their minds Helping, caring and understanding those with a learning disability. What gives a person comfort when they are very ill Why people give time and commitment to caring for others Why we care for the sick The Sacrament of Anointing brings comfort to those who are sick The Christian responsibility for caring for these in need Helping to promote the dignity and common good of one another Beatitudes; a guide from Jesus about how to live life. The ways we can act justly, love tenderly and walk humbly with God How Christians can work for the common good Something about Catholic Social Teaching
COMMONGOOD	of Christians	How we build a fair and justworld The difference betweenfairness and justice, unfairness and injustice

	The Ca	ırleton H	louse Pre	parato	ry Scho	The Carleton House Preparatory School Enrichment Curriculum – Nursery	ment C	urricul	ım – Mu	rsery		
Our Carleton Charter	Care	Always try your best	Remembe ry to show it respect	nber Lo ow v	Love our I	Everyone is Equal	Take tii	Take time to listen and Tell	e e	Our School, Our Family, Our Responsibility		New Friends Always Welcome
Carleton A	Curriculum Opportunities	Opportunit			Safeguar	Safeguarding Curriculum	un			Mental Health	Health	
Life	RSE PSHE C	Citizenship	British Values	Online Safety	Anti Bullying week		NSPCC Pants Rule		Road M Safety aw	Mental Health awareness week		Yoga and mindfulness club
					Progr	Progress Update Opportunities	Opportuni	ties				
	Teddy Bear's Welcome picnic		New Parents Meeting	Autun	Autumn profile Evening	Grandparent's stay and play	ent's stay play	Individ	Individual Profile meetings	End of year written report		Open door Policy
			Park Wal	cs						PTA Events		
Farental	Autumn Calderstones Park walk		Winter Calderstones Park walk	rstones	Father	Father's day summer Calderstones Park walk		Family Fun Days	Halloween Disco	Christmas Disco	Valentines Dinner	es Summer Ball
					ŏ	Ongoing Communication	nunication	٠				
	Christmas Nativity Celebration	y Open Day	Nursery Weekly Newsletter	Weekly	Whol Weekly	Whole school Weekly Newsletter	Twitter	ter	Seesaw	School Website	Vebsite	Text/ Email updates
		Trips							Visitors			
Curriculum Trips/	Acorn Farm Trip	Story Barn Trip		Mother's day Cinema Trip	Theme Proc	Themed Theatre Productions	Trav	Travelling Zoo		Police Dogs Visit		Quantum Theatre Pantomime
Enhancement					Ö	Curriculum Enrichment	nrichment					
Workshops	Theme Weeks		West End in Schools Performance	chools Pe	rformance		Wet and wild day	lay	Superhero Day	ro Day	Mud	Mud play day
					Wid	Wider Music Opportunities	portunitie	Se				
Music Enrichment	Weekly music percussion lessons	rcussion	Weekly singing Lessons	inging		Hymn Practice	e Ce	Сh	Christmas Nativity	tivity	Philharmo	Philharmonic Concert
Snorting					Cu	Curriculum Opportunities	portunitie	S				
Opportunities	Weekly PE lessons	lessons		Footy Tot	Footy Tots weekly sessions	essions		Infant	Infant Sports Day		Outdoor	Outdoor continuous provision
		Ī	Fundraising						Then	Theme Weeks		
Whole School	School Charity	Comic Relief	Children In Need		Good Shepherd	South Liverpool Foodbank		Internet Safety	Road Safety	DT Week	Science	Computing

	The	I ne Carleton House Preparatory School Enrichment Curriculum – Reception	CDOLL	e i reparator	y Sellool Ell							
Our Carleton	Care for our	our Always try	ys try	Remember to	Love our	Everyone	Take time to		Our School, Our Family,	ur Family,	New	New Friends
- Charler	Commun	ity your	pest	show respect	world	is Equal	listen and Tell	d Tell	Our Respon	sibility	Always V	Always Welcome
Carleton 4	Currie	Curriculum Opportunities	unities	BA -	Sateguarding Curriculum	- uninoi.			Ment	Mental Health	-	
Life	RSE PSHE	Citizenship		British Online Values Safety	Anti Bullying week	NSPCC Pants Rule	nts Road Safety		Mental Health awareness week	Yoga and mindfulness club		Seedlings sessions
					Progress U	Progress Update Opportunities	ortunities					
	New Parents Meeting	Autumn parents Evening		Grandparent's stay and play	Mid Term Written Report		Spring Parents Drop In	Individual Profile meetings		End of year written report	Summer Parents Evening	Open door Policy
Parental				Park Walks					PTA Events	ents		
Engagement	Autumn Calderstones Park walk	lderstones walk	Winter P	Winter Calderstones Park walk	Father's day summer Calderstones Park walk	summer Park walk	Family Fun Days	n Halloween Disco	ð		Valentines Dinner	Summer Ball
					Ongoin	Ongoing Communication	cation					
	Christ	Christmas Nativity Celebration		Open Day	Prize Night	Weekly Newsletter	y ter	Twitter	Sch	School Website		Text/Email updates
		T.	Trips					Visitors				
curriculum Trips/	Imagine That		Mini Beast	Mother's day	Themed Theatre		Travelling Po	Police Dogs	West End in	ind in	Quantum Theatre	Theatre
Enhancement					Currie	um Enric	ment	NG.	00000	edonicalio		
111 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1	ī	-	West	West End in Schools	West End in Schools Drama	Schools Dra	ıma	Quantum Theatre	Theatre	Found	Foundation Stage Theme	e Theme
worksnops	Them	Theme Weeks	Ь	Performance	Worl	Workshops		Pantomime	nime		days	
Music					Wider M	Wider Music Opportunities	tunities					
Enrichment	Weekly	Weekly music percussion lessons	ssion	Weekly si	Weekly singing Lessons		Hymn F	Hymn Practice		Christn	Christmas Nativity	≿
Sporting					Curricul	Curriculum Opportunities	unities					
Opportunities	Week	Weekly PE lessons	10	Enrich	Enrichment lessons		Inf	Infant Sports Day	Оау	Act	Active Lunchtimes	imes
Extra			Sport					3	Other			
Curricular	Multi Skills		Dance	Yoga		Chess		4	French		Spanish	
		-	Fund	Fundraising		Hous	House Teams		The	Theme Weeks		
Whole School	School	Comic Consider	Children In Nood	Good	South Liverpool		House Theme	Internet	Road	Science		Computing
	Charity	_	Deed	Clander	HOOGINAL	_	200	Vielet	Vialec		_	

	<u>T</u>	e Carleto	n House	Preparat	The Carleton House Preparatory School Enrichment Curriculum – Year 1	l Enrichm	ent Cur	riculum	- Year 1			
Our Carleton	٠	Δ		B	And and	Fyron is		abo timo to	Our School Our Eamily	our Farm		Nonerionde
Charter					world	Equal		isten and Tell	Our Res	n, our rain ponsibility	Ā	ways Welcome
	Curriculu	Curriculum Opportunities	nities		Safeguarding Curriculum	Curriculum			M	Mental Health	lth	
Carleton 4 Life	RSE PSHE	Citizenship	British Values	Online Safety	Anti Bullying week	NSPCC Pants Rule	its Rule	Road Safety	Mental Health awareness week		Yoga and mindfulness club	Seedlings sessions
			Progress Update	date Oppor	Opportunities					PTA Events	u	
	Welcome to	Autumn	Mid Term	Spring	End of year	-	Open	>	Halloween	Christmas	Valentines	
Parental	Year Group Presentation	Parents Evening	Written Report	Parents Drop In	written	Parents Evening	door Policy	Fun Days	Disco	Disco		Summer
Engagement		٥	Celebration Events	Events					Ongoing Communication	nunication	٠	
	Termly Class Assemblies	Christn at Bis	Christmas Nativity at Bishop Eton	Open Day	/ Prize Night		Weekly Newsletter		Twitter	School Website	bsite	Text/ Email updates
			Trips						Visitors		•	
Curriculum Trips/	Imagine That	Story Barn		Mother's day Cin	lay Cinema Trip	Themed Theatre Productions		Police Dogs Visit	West End in School Drama Workshops	in School orkshops	Quantur	Quantum Theatre Pantomime
Enhancement					Curri	Curriculum Enrichment	-					
Workshops	Theme Weeks	Weeks	West	West End in Schools Performance		West End in Schools Drama Workshops	sloo ops	Quant	Quantum Theatre Pantomime	a.	ISA Competitions	etitions
Misir					Wider	Wider Music Opportunities	tunities					
Enrichment	Weekly music percussion lessons	percussion ons	Weekly	Weekly singing Lessons	ons	Hymn Practice	ce	Christ	Christmas Nativity		Philharmonic Concert	c Concert
Snorting					Curric	Curriculum Opportunities	unities					
9	Wee	Weekly PE lessons	SI	Enrichn	Enrichment lessons –	cricket/golf		Infant Sports Day	orts Day		Active Lunchtimes	chtimes
Opportunities		Liverpoo	Schools Sp	Liverpool Schools Sports Partnership (LSSP)						Other		
	Football	_	Matball	Gymn	Gymnastics	Cricket	_	Independent Schools Football	dent Schools F	ootball	LFC	LFC Football
		Music			Sport					Other		
Extra Curricular	Musical Theatre		Recorder	Multi Skills	Dance		Yoga	Chess	Cookery	ery	French	Spanish
			Fundraising	Bu			House Teams		T	Theme Weeks	eks	
Whole School	School Chosen Charity	n Comic Relief	Children In Need	Good Shepherd	South Liverpool Foodbank		House Theme Days	Internet Safety	DT Week	Science	Computing	Art g Project s
						This is an o	werview of our	usual and inten	ded annual even	ts and opportu	nities, but may be	*This is an overview of our usual and intended annual events and opportunities, but may be subject to change

(The	Carlet	The Carleton House Preparatory School Enrichment Curriculum	Prep	arator	v School	Enrichm	ent Cu	rriculum	- Year 2				
	(1	-				1						
Our Carleton	, Care for our	Always try		Remember		ove our	veryone is		ake time to	Our Scho	Our School, Our Family,		New Friends	
Cuarter Charter	Community	your	pest sho	ow respe	pect	world	Equal	listen	isten and Tell	Our Responsi	ponsibilit	AM	ays Welcon	ā
	Curricul	Curriculum Opportunities	rtunities			Safegua	Safeguarding Curriculum	mnIna			Men	Mental Health		
Carleton 4 Life	RSE PSHE C	Citizenship	British Values		Online Safety	Anti Bullying week	NSPCC Pants Rule	nle	Road Safety	Mental Health Awareness Week	ulth Week	Yoga and mindfulness club	Seedlings	55.5
			Progress Update		Opportunities	ties					PTA Events	ıts		
Parental	Welcome to Year Group	Autumn Parents	Mid Term Written	Spr		End of year written	Summer Parents	Open	Family Fun	Halloween Disco	Christmas Disco	as Valentines Dinner	A	al er
Engagement	rieselitationi	EVELLING	Celebration Events	Events	ints	I EDOIL	Everilling	rolley	Oays	Ongoing Communication	municati	5	Dal	
	Termly Class Assemblies	Christm	Christmas Nativity at Bishop Eton	ö —	Open Day	Prize Night		Weekly Newsletter	Ę	Twitter	School Website	ebsite	Text/ Email updates	
			Trips							Visitors				
Curriculum Trips/	History – Beatles Trip		Imagine That Trip	Story Barn Trip		Mother's day Cinema Trip	Themed Theatre Productions		Police Dogs Visit	West End in School Drama Workshops	d in rama ops	Quantu	Quantum Theatre Pantomime	
Enhancement						Curric	ulum Enrichmen	hment						
Workshops	Theme Weeks	Veeks	We	West End in Scho Performance	in Schools mance	West E	West End in Schools Drama Workshops	s Drama	Quant	Quantum Theatre Pantomime		ISA Com	ISA Competitions	
Music						Wider A	Wider Music Opportunities	rtunities						
Enrichment	Weekly music percussion lessons	percussior ns		dy singin	Weekly singing Lessons		Hymn Practice	ē	Christ	Christmas Nativity	,	Philharmo	Philharmonic Concert	
Cactagas						Curricu	Curriculum Opportunities	tunities						
Onnortunities	Week	Weekly PE lessons	ns		Enrichmen	Enrichment lessons – cricket/golf	ricket/ golf		Infant Sp	Infant Sports Day		Active Lu	Active Lunchtimes	
		Liverp	Liverpool Schools Sports Partnership (LSSP)	ports Pa	ırtnership	(ISSP)					Other			
	Football		Matball	Gy	Gymnastics		Cricket	pul	Independent Schools Football Competition	hools Footb tition		LFC Football Tournament	ournament	
Extra	M	Music			-	Sport					Other	-		
Curricular	Musical Theatre		Recorder	Multi S	Skills	Dance	Yoga	e,	Chess	COO	Cookery	French	Spanish	
			Fundraising				House Teams	eams			Theme Weeks	eeks		
Whole School	School Chosen Charity	Comic	Children In Need	Good		South Liverpool Foodbank		House Theme Davs	Internet	Road	Science	Computing	g Art	ts
							*This is an o	werview of ou	*This is an overview of our usual and intended annual events and opportunities, but may be subject to change	ded annual even	ts and opportu	inities, but may b	e subject to cha	98

	The	The Carleton House Pre	on Hous	se Prep	arator	y School	paratory School Enrichment Curriculum – Year 3	ent Curr	iculum	– Year 3			
Our Carleton	, Care for our	Always try		Remember to		ove our	Everyone is	Take time to		Our School, Our Family,	Our Family,	New Frie	New Friends Always
Charter	Community	your		ow respec		world	Equal	listen and		Our Respo	nsibility	We	come
Carleton 4	Curriculum Opportunities	Opportur	nities		Safe	Safeguarding C	Curriculum			, P	Mental Health	lth	
Life	RSE PSHE	Citizenship	p British Values	n Online s Safety		Anti Bullying week	NSPCC Pants Rule	Road Safety	Menta	Mental Health awareness week	Yoga and mindfulness club	indfulness b	Seedlings sessions
			Progress Update	Update 0	Opportunities	ities					PTA Events	ts	
Parental	Welcome to Year Group	Autumn Parents	Mid Term Written	Sp		End of year written	Summer Parents	Open	Family Fun	Halloween	Christmas	Valentines	Annual Summer
Engagement	Presentation	Evening	Report	Drop In	ul o	report	Evening	Policy	Days	DISCO	DISCO	Dinner	Ball
Eligagement				Celebration	tion Events	ıts				•	ngoing Co	Ongoing Communication	n
	Termly Class Assemblies	Christmas Carol Concert Bishop Eton	s Carol hop Eton	Junior School Play		Open Day	Prize Night	Residen	Residential Info Meetings	Weekly Newsletter	Twitter	School Website	Text/ Email updates
							Trips						
Curriculum	Barnstondale Residential Trip	Scienc	Science Chester Zoo Trip		Science Imagine That Trip		Chester Roman Experience Trip	Geo	Geography Field Work – Local Area		History Vikings Visit to school	Metropolitan Cathedral Advent Service	n Cathedral Service
T-i-c		Curri	culum Enh	nancemen	4						ñ		
Irips/ Fnhancement	Theme Weeks		Able Writers Workshops	Vorkshops	Able N	Able Maths Workshops		Themed Theatre	<u> </u>	West End in School	School	Quantun	Quantum Theatre
Workshons				Cur	rriculum	culum Enrichmen		Productions		Significance workships	Comp	Competition Opp	Opportunities
	Young Shakespeare		Young Shakespeare	eare	West End	West End in Schools	West End in Schools	Schools	Quantı	Quantum Theatre	Debate	ate	ISA
	Company Performance		Company Workshops	shops	Perfor	Performance	Drama Workshops	rkshops	Pan	Pantomime	Competition		Competitions
Music			Pulse						Wider	Wider Music Opportunities	ortunities		
Enrichment	Weekly Instrumental lessons	al Christmas Concert		End of Year Celebration Concert		Music Examinations	Weekly Music Lessons	c Choir	Philharmonic Concert	nonic LE	LDSCA Choir Festival	Choir Perf Metropolit	Choir Performance at Metropolitan Cathedral
						Curric	Curriculum Opportunities	ities					
Sporting	Weekly PE taught by specialist coach		Half termly Swimming lessons		Enrichment lessons cricket/golf	1	Athletics Training at Wavertree Athletics Track		Sports Day at Police Club		Sports Activity Day at IM Marsh	Half Termly sports co	Half Termly Inter- House sports competitions
Opportunities	Liverpool Schools Sports Partnership (LSSP)	hools Spor	ts Partner	ship (LSSI	<u>(</u>	Liverpo	Liverpool District Catholic Schools association (LCDSA)				Other		
	Football Cricket	Golf	Indoor H Athletics	Hockey La	Lacrosse	Cross Country	Athletics		sendent Schools Competition	Independent Schools Football Competition		Cross school Football	otball
Extra	Mu	Music					Sport					Other	
Curricular	Orchestra Guitar	Choir	Musical A	Athletics	opnr	Fencing	Netball Cros	Cross Country	Football	Cricket	Debate (Cookery Chess	ss Spanish
Whole			Fundraising	ng			House	House Teams			Theme Weeks	iks	
School	School Chosen Charity	Comic Relief	Children In Need	Good		South Liverpool Foodbank		House Theme Days	Internet	Road	Science	Computing	Art
							This is an ove	erview of our us	sual and intend	ed annual event	s and opportuni	*This is an overview of our usual and intended annual events and opportunities, but may be subject to change	ubject to change

		The Ca	rleton	House	Prepara	atory 9	School	Inrichm	The Carleton House Preparatory School Enrichment Curriculum – Year 4	iculum	- Year 4			
Our Carleton	_	Care for our	Always try	try R	Remember to	, Lo	ove our	Everyone is	is Take time to	O ot em	Our School, Our Family,	our Family,	New Frie	New Friends Always
Charter	Comn		your be		show respect		world	Equal	listen and Tell		Our Respo	sibility	We	Welcome
	Cur	Curriculum Opportunities	portun	ities		Safeg	uarding C	Safeguarding Curriculum			_	Mental Health	th	
Carleton 4 Life	RSE	PSHE C	Citizenship	British Values	n Online s Safety		Anti Bullying week	NSPCC Pants Rule	Road le Safety	Ment	Mental Health awareness week	Yoga and mindfulness club	indfulness lb	Seedlings sessions
				Progress	pda	portunit	ties	-				PTA Events	y:	
	Welcome to			Mid Term	Spring	E.	End of year	Summer	Open	Family	Halloween	Christmas	Valentines	Annual
Parental	rear Group Presentation		Farents	Written	Drop In		written	Farents	Policy	run Days	Disco	Disco	Dinner	Ball
Engagement					Celebration Events	n Events					ō	going Com	Ongoing Communication	
	Termly Class Assemblies	_	Christmas Carol Concert Bishop Eton	Post Exa Cin	Post Exam Celebration Cinema Trip		ior ol Play	Open Prize Day Night		First Holy Communion Celebration	Wee	Twitter	School Website	Text/ Email updates
			Trips			Currio	ulum Enh	Curriculum Enhancement			Λ	Visitors		
Curriculum	Manor	History			Metropolitan	Theme	Able	Able				Themed W	West End in	Quantum
Trips/	Adventure Residential	Speke Hall	Chester Zoo		Cathedral Advent Service	Weeks	Maths Workshops	Writers Workshops	s Experience	rce Kingfisher Education		Theatre Productions W	School Workshops	Theatre Pantomime
Enhancement					Curri	Curriculum E	Enrichment	4				Compe	Competition Opportunities	ortunities
Workshops	Young Shakespeare Company Performance	cespeare any ance	Young Sh Com Work	Young Shakespeare Company Workshops	West End in Schools Performance	nd in ols iance	West End in Schools Drama Workshops		LDSCA Speech Choir Performance	Theme Weeks	Quantum Theatre Pantomime	Debate Competition		ISA Competitions
				Pulse						Wider	Wider Music Opportunities	ortunities		
Music Enrichment	Weekly Instrumental lessons	l Orchestra		Christmas Concert	End of Year Celebration Concert		Music Examinations	Weekly Music Lessons	Music Choir		Philharmonic Concert	LDSCA Choir Festival		Choir Performance at Metropolitan Cathedral
							Curricul	Curriculum Opportunities	rtunities					
Sporting	Weekly PE	Weekly PE taught by specialist coach	ecialist	Half terr	Half termly Swimming lessons	g lessons	Athletics	Athletics Training at Wavertree Athletics Track	Wavertree ck	Sports D	Sports Day at Police Club		Half Termly Inter- House sports competitions	er- House etitions
Opportunities	Liv	Liverpool Schools Sports Partnership (LSSP)	ols Sports	. Partnersh	ip (LSSP)		Liverpool as	ol District Catholic (association (LCDSA)	Liverpool District Catholic Schools association (LCDSA)			Other		
	Football	Gymnastics		Indoor Athletics	cs Hockey	.ev	Cross Country	ıtry	Athletics	0	Cross School Netball	tball	Cross school Football	Football
Extra		Mu	Music					Sport	ų				Other	
Curricular	Orchestra	Guitar	Choir	Musical Theatre	atre Athletics	etics	opnr	Netball (Cross Country	Football	Cricket	Debate Co	Cookery Ch	Chess Spanis
				Fundraising	ing			Hou	House Teams		•	Theme Weeks	sks	
Whole School	School Chosen Charity		Comic Relief	Children In Need	Good Shepherd		South Liverpool Foodbank		House Theme Days	Internet Safety	Road Safety	Science	Computing	Art
								This is an	This is an overview of our usual and intended annual events and opportunities, but may be subject to change	isual and intend	led annual events	and opportuniti	es, but may be s	bject to change

	Ē	he Carle	The Carleton House Prep	se Pre	parato	ry Scho	aratory School Enrichment Curriculum –	ment Cu	rriculun	1 – Year 5	5			
Our Carleton	Oare for our		Always try	Remember to	ber to	Love our	Everyone is	_	ake time to	Our School, Our Family	d, Our Fan		New Friends	spu
Charter	Commun		our best	show res	spect	world	Equal		isten and Tell	Our Respo	ponsibility		Always Welcome	ome
Carleton 4	Curricu	Curriculum Opportunities	tunities			Safeguardin	Safeguarding Curriculum	n			Mental Health	Health		
1 16.	BSF PSHF		Citizenshin		Online	Anti Bullying				Mental Health	Yoga a	Yoga and mindfulness		Seedlings
PII	1	-		Values	Safety	week	Pants Rule	Rule Safety	4	awareness week	DITA E	club	ses	sessions
		ŀ	H	o Dang	e opportunites	samues	ŀ	ŀ	H		PIA EVEIIIS	elles	ŀ	
Daranta	Welcome to Year	r Autumn Parents	Mid Term Written		Spring	End of year	r Summer	er Open	r Family	Halloween	Christmas		Valentines A	Annual
rarental	Presentation	Evening			Drop In	report	Evening			Disco	Disco		Dinner	Ball
Engagement				lebrat	on Events					Ong	oing Comi	Ongoing Communication		
	Termly Class	Christr	Christmas Carol Concert		Junior School Play		Open Day	Prize Night	Weekly		Twitter	School T	Text/ Email updates	ipdates
							Trips							
	Lockerbie Manor Adventure Residential	Lockerbie venture Resident		Science Jodrell Bank		Royal Ballet Trip		History – Liverpool World Museum	ool World	Croxteth His	Croxteth Hall Victorian Christmas		Geography – Allerton Road field trip	erton
Curriculum		Curric	ulum Enhan	cement						Visitors		-		L
Trips/	English Speaking	g Bikeability	Ľ.			Able Writers	Pottery Ancient		<u> </u>	Themed Theatre	West End	West End in School	Quantum Theatre	heatre
Enhancement	Board Exam		Weeks	Workshops	+	Workshops	Greeks	workshops	_[Productions	Drama Workshops	orkshops	Pantomime	ıme
		٥	urriculum E	HIGHINE	1	-	_	-	Cullicul	nadiuon iiir	oddo non	saniini	-	
Workshops	Young Shakespeare	Young Shakespeare	West End in		West End in Schools	Drama Visits	Visits Primary			Maths Challenge Day	General Knowledge/		Merchant Taylors' Cor	ISA
	Company	Company Workshops	Pe		Drama Workshops		Ö		Story Writing at	at Birkenhead Grammar	Science/ Maths Quiz		Geography	. c
			Pulse						Wid	Wider Music Opportunities	portunitie			
Music Enrichment	Weekly Instrumental lessons	Orchestra	Christmas Concert		End of Year Celebration Concert	Music Examinations		Weekly Music Lessons	Choir Phi	Philharmonic Concert	LDSCA Choir Festival	Young Voices at MEN	Choir Performance at Metropolitan Cathedral	rmance olitan ral
						Cur	Curriculum Opportunities	ortunities						
Sporting	Weekly PE taught by specialist coach		Half termly Swimming lessons		Enrichment lessons cricket/golf	lessons – / golf	Athletics Training at Wavertree Track	aining at Track	Sports Day at Police Club		Sports Activity Day at IM Marsh		Inter- House sports competitions	sports
Onnortunities	Live	rpool School	Liverpool Schools Sports Partnership (LSS	nership (L	(dss)		CCDSA				Other			
	Football Cricket	ket Golf	Indoor Athletics		Hockey Lac	Lacrosse Cro	Cross Country	Athletics	Independent Schools Football		Inter School Ir	Inter school Football	Liverpool schools Swimming Gala	schools g Gala
Extra		Music					Sport	ıt				Other	ier	
Curricular	Orchestra Gu	Guitar Choir	r Athletics	opnr	Fencing	Netball	Cross Country	y Football	l Cricket	Debate Club		Cookery Chess		Spanish
			Fundraising	aising				House Teams			Theme	heme Weeks		
Whole School	School Chosen Charity	Comic	Children In Need		Good	South Liverpool Foodbank		House Theme Days	ays Safety	net Road tv Safetv	id Science		Computing	Art
								*This is an overview of our usual and intended annual events and opportunities, but may be subject to change	ur usual and into	ended annual eve	ents and oppor	tunities, but m	ay be subject to	o change

		The Ca	The Carleton House Prep	House	Prepara	aratory School Enrichment Curriculum – Year 6	ool Enri	chmen	t Curric	- unIn	· Year 6			
Our Carleton	n Care for our		A hunave try		Remember to	TING OWN		vervone is	Take time to		Our School Our Eamily	ır Family	N	New Friends Always
Charter	Commi		your best		show respect	world			listen and Tel		Our Responsibilit	sibility	We	Velcome
Carleton 4	Curr	Curriculum Opportunities	oortunities			S	Safeguarding Curriculum	Curriculum					Mental Health	
Life	RSE PS	PSHE Cit	Citizenship	British Values	Online Safety	Anti Bullying week		NSPCC Pants Rule	Road Safety	Personal Safety	Mental Health awareness week		Yoga and mindfulness club	Seedlings b sessions
			P	rogress U	Progress Update Opportunities							듧		-
Parental	Welcome to Year Group	Autumn Parents	Σ >	Mid Term Written	Spring Parents Drop	End of year p written		-io	Family Fun	Halloween		SS	Valentines	Annual
Engagement	Presentation	Evening		Report	드	report	-	Policy	Days	DISCO		O)SICO	Dinner	Summer Ball
riigageilleilr				Ī	Celebration Events	EVENTS			H			Ongoing communication	munication	
	Termly Class Assemblies	Christm	Christmas Carol Concert at Bishop Eton	cert at	Post Exam Cinen	Post Exam Celebration Cinema Trip	Junior School Play	Open Day	Prize Yea	Year 6 Leavers Assembly	s Weekly Newsletter	Twitter	School Website	Text/ Email updates
		Trips			Curri	Curriculum Enhancemen	ement				Visitors			
Curriculum Trips/	France Manor Adventure Residential	Liverpool	Hat Museum	Ballet n Trip	Theme Weeks	Able Maths Workshops	Able Writers Workshops	Blitz Experience Day	Ballet workshops		Themed Theatre Productions	West End in School Drama Workshops		Quantum Theatre Pantomime
			Curriculum	Enrich	ment)	urriculum	Competition	Opportunit	ies	
Ennancement Workshops	Young Shakespeare Company Performance	Young Shakespeare Company Workshops		West End in Schools Performance	West End in Schools Drama Workshops		Drama Visits to P Merchant Taylors'	Primary Maths Challenge	hs Words Story Writing		Maths Challenge Day K at Birkenhead / Grammar N	General Knowledge / Science/ Maths Quiz	Merchant Taylors' Geography Quiz	ISA Competitio n
Misir				Puls	a					>	Vider Music C	pportunitie	52	
Enrichment	Weekly Instrumental lessons		Orchestra	Christmas Concert		End of Year Celebration Concert	Music Examinations		Weekly Music Lessons	Choir	Philharmonic Concert	: LDSCA Choir Festival		Choir Performance at Met Cathedral
						9	Curriculum Opportunities	pportunitie	SE					
Charting	Weekly PE taught		Half termly		Enrichment lessons		Athletics Training at		Sports Day at Police	Sports Ac	Эау	Inter- House sports		Lunchtime
Similar	by specialist coach	oach Sw	list coach Swimming lessons - cricke	ons	- cricket/ golf		Wavertree Irack	5	club	at IM	at IM Marsh	competitions		Playleaders
Opportunities	LIVE	poor sellor	als apportes re	dille isilih	(Last)		LCDSA			H		Julie	ŀ	
	Football Cri	Cricket Golf	If Indoor Athletics		Hockey Lacrosse	sse Cross Country		Athletics In Fo	Independent Schools Football Competition		Cross School Netball	Cross school Football		Liverpool schools Swimming Gala
Evera Curricular		Music					Sport					Othe	ner	
Extra Culticular	Orchestra	Guitar C	Choir Athle	Athletics Ju	Judo Fencing	ng Netball	Cross Country	\dashv	Football Cr	Cricket	Debate Club	Cookery	Chess	Spanish
			3	Fundraising				House Teams	ams		Ŧ	heme Weeks	S	
Whole School	School Chosen Charity		Comic Ch	Children (Good Shepherd		South Liverpool Foodbank	House Theme		Internet	Road	Science	Computing	Art
	Ž. I.	!		1				1		7				and a

Age Group	Being Me In My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Ages 3-5 (F1-F2)	Self-identity Understanding feelings Being in a classroom Being gentle Rights and responsibilities	Identifying talents Being special Families Where we live Making friends Standing up for yourself	Challenges Perseverance Goal-setting Overcoming obstacles Jobs Achieving goals	Exercising bodies Physical activity Healthy food Sleep Keeping clean Safety	Family life Friendships Breaking friendships Falling out Dealing with bullying	Bodies Respecting my body Growing up Growth and change Fun and fears Celebrations
Ages 5-6	Feeling special and safe Being part of a class Rights and responsibilities Rewards and feeling proud Consequences Owning the Learning Charter	Similarities and differences Understanding bullying and knowing how to deal with it Making new friends Celebrating the differences in everyone	Setting goals Identifying successes and achievements Learning styles Working well and celebrating achievement with a partner Tackling new challenges Identifying and overcoming obstacles Feelings of success	Keeping myself healthy Healthier lifestyle choices Keeping clean Being safe Medicine safety/safety with household items Road safety Linking health and happiness	Belonging to a family Making friends/being a good friend Physical contact preferences People who help us Qualities as a friend and person Self-acknowledgement Being a good friend to myself Celebrating special relationships	Life cycles – animal and human Changes in me Changes since being a baby Differences between female and male bodies (correct terminology) Linking growing and learning Coping with change
Ages 6-7	Hopes and fears for the year Rights and responsibilities Rewards and consequences Safe and fair learning environment Valuing contributions Choices Recognising feelings	Assumptions and stereotypes about gender Understanding bullying Standing up for self and others Making new friends Gender diversity Celebrating difference and remaining friends	Achieving realistic goals Perseverance Learning strengths Learning with others Group co-operation Contributing to and sharing success	Motivation Healthier choices Relaxation Healthy eating and nutrition Healthier snacks and sharing food	Different types of family Physical contact boundaries Friendship and conflict Secrets Trust and appreciation Expressing appreciation for special relationships	Life cycles in nature Growing from young to old Increasing independence Differences in female and male bodies (correct terminology) Assertiveness Preparing for transition
Ages 7-8	Setting personal goals Self-identity and worth Positivity in challenges Rules, rights and responsibilities Rewards and consequences Responsible choices Seeing things from others' perspectives	Families and their differences Family conflict and how to manage it (child-centred) Witnessing bullying and how to solve it Recognising how words can be hurtful Giving and receiving	Difficult challenges and achieving success Dreams and ambitions New challenges Motivation and enthusiasm Recognising and trying to overcome obstacles Evaluating learning processes Managing feelings Simple budgeting	Exercise Fitness challenges Food labelling and healthy swaps Attitudes towards drugs Keeping safe and why it's important online and off line scenarios Respect for myself and others Healthy and safe choices	Family roles and responsibilities Friendship and negotiation Keeping safe online and who to go to for help Being a global citizen Being aware of how my choices affect others Awareness of how other children have different lives Expressing appreciation for family and friends	How babies grow Understanding a baby's needs Outside body changes Inside body changes Family stereotypes Challenging my ideas Preparing for transition

Age Group Being	B B S G B B B B B B B B B B B B B B B B	Planning the frem the series of titizen Rights and rest Rewards and control of the series of the ser	Identifying goal Global citizensh Children's unive Feeling welcom Choices, consec rewards T0-11 Group dynamic Democracy, hav Anti-social behz Role-modelling
Being Me In My World	Being part of a class team Being a school citizen Rights, responsibilities and democracy (school council) Rewards and consequences Group decision-making Having a voice What motivates behaviour	Planning the forthcoming year Being a citizen Rights and responsibilities Rewards and consequences How behaviour affects groups Democracy, having a voice, participating	Identifying goals for the year Global citizenship Children's universal rights Feeling welcome and valued Choices, consequences and rewards Group dynamics Democracy, having a voice Anti-social behaviour
Celebrating Difference	Challenging assumptions Judging by appearance Accepting self and others Understanding influences Understanding bullying Problem-solving Identifying how special and unique everyone is First impressions	Cultural differences and how they can cause conflict Racism Rumours and name-calling Types of bullying Material wealth and happiness Enjoying and respecting other cultures	Perceptions of normality Understanding disability Power struggles Understanding bullying Inclusion/exclusion Differences as conflict, difference as celebration Empathy
Dreams and Goals	Hopes and dreams Overcoming disappointment Creating new, realistic dreams Achieving goals Working in a group Celebrating contributions Resilience Positive attitudes	Future dreams The importance of money Jobs and careers Dream job and how to get there Goals in different cultures Supporting others (charity) Motivation	Personal learning goals, in and out of school Success criteria Emotions in success Making a difference in the world Motivation Recognising achievements Compliments
Healthy Me	Healthier friendships Group dynamics Smoking Alcohol Assertiveness Peer pressure Celebrating inner strength	Smoking, including vaping Alcohol Alcohol and anti-social behaviour Emergency aid Body image Relationships with food Healthy choices Motivation and behaviour	Taking personal responsibility How substances affect the body Exploitation, including 'county lines' and gang culture Emotional and mental health Managing stress
Relationships	Jealousy Love and loss Memories of loved ones Getting on and Falling Out Girlfriends and boyfriends Showing appreciation to people and animals	Self-recognition and self-worth Building self-esteem Safer online communities Rights and responsibilities online Online gaming and gambling Reducing screen time Dangers of online grooming SMARRT internet safety rules	Mental health Identifying mental health worries and sources of support Love and loss Managing feelings Power and control Assertiveness Technology safety Take responsibility with technology use
Changing Me	Being unique Having a baby Girls and puberty Confidence in change Accepting change Preparing for transition Environmental change	Self- and body image Influence of online and media on body image Puberty for girls Puberty for boys Conception (including IVF) Growing responsibility Coping with change Preparing for transition	Self-image Body image Puberty and feelings Conception to birth Reflections about change Physical attraction Respect and consent Boyfriends/girlfriends Sexting Transition



British Values at Carleton House Preparatory School



At Carleton House Preparatory School we value all of our children and families.

We are an inclusive Catholic school committed to our faith, welcoming all denominations of girls and boys aged 3-11. We provide an education based on strong moral and personal values with Christ at the centre of all that we do. Our mission statement, 'We Live, Love and Learn with Jesus,' is lived out through our daily interactions. Inclusivity enriches our school; our pupils grow in mutual understanding and respect.

We provide a Catholic curriculum, which is broad and balanced, recognising that every pupil is unique and is created in the image and likeness of God. We want our children to be independent learners so they can make their own choices and build and develop strong relationships and friendships with lots of people. We expect children to join in and try their best and to follow our simple rules. All of these things are the foundations for our children to grow into good citizens and promote the "British Values" of democracy, the rule of law, individual liberty, mutual respect and tolerance.

Democracy

- Through our school council
- Taking part in debates in class
- Extra curricular debate club
- Pupils vote for head boy/ head girl
- Pupils vote for school council members
- Children given opportunity to plan own activities
- Parents lead our P.T.A
- We listen to children's and parent's voices questionnaires

Rule of Law

- Together we wrote and agreed our new 'Carleton Charter'
- Children understand simple class rules
- Children understand why we have rules
- Our policies and procedures are consistent
- There is a consequence if a rule is broken
- Our clear behaviour policy is known and understood by all
- We encourage visits from local police to reinforce the message of what is lawful
- We teach about the 10 commandments through religious education

Individual liberty

- Children are encouraged to make choices and be independent in their learning
- We educate children and provide boundaries so they can make choices safely
- We collaborate individual interests

Mutual Respect

- Our Mission statement is inclusive
- We understand that all children are different
- We recognise they all develop at their own rates
- We promote respect for others
- We have an effective anti-bullying policy
- We support a range of different charities
- We celebrate different occasions that are important to our families and the wider world

Tolerance

- We promote respect and tolerance for different people, faith, cultures and languages
- We have positive images reflecting diversity
- We ensure we offer children exposure to a wide range of cultures

Curriculum Map for Carleton 4 Life lessons – Journey in Love and Jigsaw

Aut1 'Being Me	Aut2	Spr1	Spr2	Sum1	Sum2
In My World'	'Celebrating Difference'	'Dreams and Goals'	'Healthy Me'	'Relationshi ps'	'Changing Me'
Self- identity Understan ding feelings Being in a classroom Being gentle Rights and responsibili	Identifying talents Being special Families Where we live Making friends Standing up for yourself Physical To recognise	Challenges Persevera nce Goal- setting Overcomin g obstacles Seeking help Jobs Achieving	Exercising bodies Physical activity Healthy food Sleep Keeping clean Safety	Family life Friendships Breaking friendships Falling out Dealing with bullying Being a good friend	Bodies Respecting my body Growing up Growth and change Fun and fears Celebrations
Social and Emotional To recognise the joy of being a special person in my family Spiritual To recognise the joy of being a special person in God's family	that we are all different and unique.	godio			
Feeling special and safe Being part of a class Rights and	Similarities and differences Understandin g bullying and knowing how	Setting goals Identifying successes and achieveme	Keeping myself healthy Healthier lifestyle choices	Belonging to a family Making friends/being a good friend Physical	Life cycles – animal and human Changes in me Changes since being a baby
responsibilities Rewards and feeling proud Conseque nces Owning the Learning Charter	to deal with it Making new friends Celebrating the differences in everyone	nts Learning styles Working well and celebrating achieveme nt with a partner Tackling new	Keeping clean Being safe Medicine safety/saf ety with household items Road	contact preferences People who help us Qualities as a friend and person Self- acknowledge ment Being a good friend	Differences between female and male bodies (correct terminology) Linking growing and learning Coping with change Transition
	World' Self- identity Understan ding feelings Being in a classroom Being gentle Rights and responsibili ties Social and Emotional To recognise the joy of being a special person in my family Spiritual To recognise the joy of being a special person in God's family Feeling special and safe Being part of a class Rights and responsibili ties Rewards and feeling proud Conseque nces Owning the Learning	Self- identity Understan ding feelings Being in a classroom Being gentle Rights and responsibili ties Social and Emotional To recognise the joy of being a special person in my family Spiritual To recognise the joy of being a special person in God's family Feeling special and safe Being part of a class Rights and responsibili ties Similarities and differences Understandin g bullying and knowing how to deal with it Making new friends Standing up for yourself Physical To recognise that we are all different and unique. Similarities and differences Understandin g bullying and knowing how to deal with it Making new friends Celebrating the Learning the Learning	Self- identity Understan ding feelings Being in a classroom Being gentle Rights and responsibili ties Social and Emotional To recognise the joy of being a special person in God's family Feeling special and safe Being part of a class Rights and responsibili ties Similarities Similarities Similarities Setting Overcomin g obstacles Seeking help Jobs Achieving goals Identifying help Jobs Achieving goals Learning successes and achieveme nts Learning styles Working well and celebrating the differences in everyone Owning the Learning	Self- identity Identifying talents Being special setting Seeking Seeking Seeking Safety	Self- identifying talents Being special Families Understan ding feelings lending in a classroom Being gentle Rights and responsibili ties Feeling a special To recognise the joy of being a special person in my family Spiritual To recognise the joy of being a special person in God's family Feeling special and Sights and responsibilities Feeling special person in God's family Feeling special person in God's field field special person in God's family Feeling special person in God'

In			Identifying	Linking	Celebrating	
Love			and overcomin	health and	special	
	Social and		g obstacles	happiness	relationships	
	Emotional		Feelings of		Physical	
	To		success		To	
	recognise		Success	Spiritual	recognise	
	the signs			To	how I am	
	that I am			celebrate	cared for	
	loved in			ways that	and kept	
	my family.			God	safe in my	
				loves and	family.	
				cares for	-	
				us.		
2	Hopes and	Assumptions	Achieving	Motivation	Different	Life cycles in
	fears for	and	realistic	Healthier	types of	nature Growing
Jigsa	the year	stereotypes	goals	choices	family	from young to
W	Rights and	about gender	Persevera	Relaxatio	Physical	old Increasing
	responsibili	Understandin	nce	n 	contact	independence
	ties Rewards	g bullying	Learning	Healthy	boundaries Eriondobin	Differences in female and
	and	Standing up for self and	strengths Learning	eating and nutrition	Friendship and conflict	male bodies
	consequen	others	with others	Healthier	Secrets Trust	(correct
	ces	Making new	Group co-	snacks	and	terminology)
	Safe and	friends	operation	and	appreciation	Assertiveness
	fair	Gender	Contributin	sharing	Expressing	Preparing for
	learning	diversity	g to and	food	appreciation	transition
Journ	environme	Celebrating	sharing		for special	
ey	nt	difference	success		relationships	
In	Valuing	and			-	
Love	contributio	remaining				
	ns Choices	friends			Physical	
	Recognisin				To describe	
	g feelings	Social and			ways of	
	0	Emotional			being safe	
	Spiritual	To recognise			in	
	To	the joy and			communitie	
	celebrate	friendship of belonging to			S.	
	ways of meeting	a diverse				
	God in	community.				
	our					
	communit					
	ies.					
3	Setting	Families and	Difficult	Exercise	Family roles	How babies
	personal	their	challenges	Fitness	and	grow
Jigsa	goals Self-	differences	and	challenge	responsibilitie	Understanding
W	identity	Family	achieving	s Food	s Friendship	a baby's needs
	and worth	conflict and	Success	labelling	and	Outside body
	Positivity in	how to	Dreams and	and	negotiation	changes
	challenges Rules,	manage it (child-	ambitions	healthy swaps	Keeping safe online and	Inside body changes Family
	rights and	centred)	New	Attitudes	who to go to	stereotypes
	responsibili	Witnessing	challenges	towards	for help	Challenging my
	ties	bullying and	Motivation	drugs	Being a	ideas Preparing
	Rewards	how to solve	and	Keeping	global citizen	for transition
	and	it Recognising	enthusias	safe and	Being aware	
	consequen	how words	m	why it's	of how my	
	ces	can be hurtful	Recognisin	important	choices	
1	Responsibl	Giving and	g and	online and	affect others	

	1	I .	T	1	Ι -	
Journ ey In Love	e choices Seeing things from others' perspectiv es Spiritual To celebrate the joy and happiness of living in friendship with God and others.	Physical To describe and give reasons why friendships can break down, how they can be repaired and strengthene d.	trying to overcome obstacles Evaluating learning processes Managing feelings Simple budgeting	off line scenarios Respect for myself and others Healthy and safe choices	Awareness of how other children have different lives Expressing appreciation for family and friends Social and Emotional To describe and give reasons how friendships make us feel happy and safe.	
4	Being part	Challenging	Hopes and	Healthier	Jealousy	Being unique
Jigsa W Journ ey In Love	of a class team Being a school citizen Rights, responsibili ties and democracy (school council) Rewards and consequen ces Group decision- making Having a voice What	assumptions Judging by appearance Accepting self and others Understandin g influences Understandin g bullying Problem- solving Identifying how special and unique everyone is First impressions	dreams Overcomin g disappoint ment Creating new, realistic dreams Achieving goals Working in a group Celebratin g contributio ns Resilience Positive attitudes	friendship s Group dynamics Smoking Alcohol Assertiven ess Peer pressure Celebratin g inner strength Social and Emotiona	Love and loss Memories of loved ones Getting on and Falling Out Girlfriends and boyfriends Showing appreciation to people and animals	Having a baby Girls and puberty Confidence in change Accepting change Preparing for transition Environmental change Spiritual To celebrate the
	Physical To describe how we should treat others making links with the diverse modern			To describe how we all should be accepted and respecte d.		uniqueness and innate beauty of each of us.

	society					
	we live in.					
Journ ey In Love	Planning the forthcomin g year Being a citizen Rights and responsibili ties Rewards and consequen ces How behaviour affects groups Democrac y, having a voice, participatin g	Cultural differences and how they can cause conflict Racism Rumours and name-calling Types of bullying Material wealth and happiness Enjoying and respecting other cultures	Future dreams The importance of money Jobs and careers Dream job and how to get there Goals in different cultures Supporting others (charity) Motivation	Smoking, including vaping Alcohol Alcohol and antisocial behaviour Emergenc y aid Body image Relations hips with food Healthy choices Motivation and behaviour	Self- recognition and self- worth Building self- esteem Safer online communities Rights and responsibilitie s online Online gaming and gambling Reducing screen time Dangers of online grooming SMARRT internet safety rules Social and Emotional To show knowledge and understandi ng of emotional relationship changes as we grow and develop.	Self- and body image Influence of online and media on body image Puberty for girls Puberty for boys Conception (including IVF) Growing responsibility Coping with change Preparing for transition Physical To show knowledge and understanding of the physical changes in puberty. Spiritual To celebrate the joy of growing physically and spiritually.
Journ ey In	Identifying goals for the year Global citizenship Children's universal rights Feeling welcome and valued Choices, consequen ces and rewards Group dynamics Democrac y, having a voice	Perceptions of normality Understandin g disability Power struggles Understandin g bullying Inclusion/excl usion Differences as conflict, difference as celebration Empathy Social and	Personal learning goals, in and out of school Success criteria Emotions in success Making a difference in the world Motivation Recognisin g achieveme nts Complimen ts	Taking personal responsibi lity How substance s affect the body Exploitatio n, including 'county lines' and gang culture Emotional and mental health Managing	Mental health Identifying mental health worries and sources of support Love and loss Managing feelings Power and control Assertivenes s Technology safety Take responsibility with technology use	Self-image Body image Puberty and feelings Conception to birth Reflections about change Physical attraction Respect and consent Boyfriends/girlfr iends Sexting Transition
Love	V 0.100	Emotional		stress		

behaviour Role- modelling	To develop a secure understanding that stable and caring relationships, which may be of different types, are at the heart of happy families.		Physical To explain how human life is conceived. Spiritual To show an understanding of how being made in the image and likeness of God informs decisions and actions when building relationships with others,
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