



Carleton House

Preparatory School

Weekly Menu - 14th September 2026

Available Daily: Chefs' Soup of the day, selection of sandwiches, jacket potatoes with a choice of fillings

Monday	Main	Veg Option	Sides	Dessert
	Fresh tomato & basil pasta	Homemade mac & cheese	Garlic bread Mixed leaf salad	Fresh fruit bowl Homemade chocolate chip & orange cake Banana mousse
Tuesday	Main	Veg Option	Sides	Dessert
	Battered chicken chunks with homemade BBQ sauce	Seasoned battered tofu chunks with homemade BBQ sauce	Seasoned wedges Garden peas	Fresh fruit bowl No added sugar assorted jelly Homemade yoghurt pots
Wednesday	Main	Veg Option	Sides	Dessert
	Roast chicken or honey roasted gammon	Homemade cauliflower cheese	Rich roast gravy Homemade roast potatoes Carrot & swede Sage & onion stuffing Yorkshire pudding	Fresh fruit bowl Belgian waffles Homemade choc brownie cheesecake
Thursday	Main	Veg Option	Sides	Dessert
	Homemade slow cooked beef ragu with farfelle pasta	Homemade Quorn bolognese with farfelle pasta	Mixed leaf feta salad	Fresh fruit bowl No added sugar assorted jelly Homemade yoghurt pots
Friday	Main	Veg Option	Sides	Dessert
	MCS cod fish fingers	Veggie nuggets	Fries, baked beans, curry sauce and mushy peas	Fresh fruit bowl Homemade carrot cake Homemade chocolate flapjack