



Carleton House

Preparatory School

Weekly Menu - 2nd November 2026

Available Daily: Chefs' Soup of the day, selection of sandwiches, jacket potatoes with a choice of fillings

Monday	Main	Veg Option	Sides	Dessert
	Fresh tomato & basil pasta	Homemade ratatouille	Feta mixed leaf salad Garlic bread	Fresh fruit bowl Homemade iced lemon cake Butterscotch mousse
Tuesday	Main	Veg Option	Sides	Dessert
	Battered chicken chunks with sweet & sour sauce	Homemade tofu chunks with sweet & sour sauce	Mixed leaf salad Salt & pepper veg Steamed rice Egg fried rice	Fresh fruit bowl No added sugar assorted jelly Homemade yoghurt pots
Wednesday	Main	Veg Option	Sides	Dessert
	Roast chicken or honey roast gammon	Homemade cauliflower cheese	Rich roast gravy Roast potatoes Carrot & swede Yorkshire pudding	Fresh fruit bowl Belgian waffles Chocolate flapjack
Thursday	Main	Veg Option	Sides	Dessert
	British Pork sausage hotdog (chicken alternative)	Quorn sausage hotdog	Tater tots Chilli & cheese topping Peas & sweetcorn	Fresh fruit bowl No added sugar assorted jelly Homemade yoghurt pots
Friday	Main	Veg Option	Sides	Dessert
	Baked MCS cod fish fingers	Protein packed Quorn nuggets	Fries, baked beans, fruity curry sauce and peas	Fresh fruit bowl Homemade chocolate chip cookie