

Carleton House Preparatory School

Weekly Menu - 23rd November 2026

Available Daily: Chefs' Soup of the day, selection of sandwiches, jacket potatoes with a choice of fillings

	Main	Veg Option	Sides	Dessert
Monday	Fresh tomato & basil pasta	Homemade mac & cheese	Feta, cucumber & tomato salad Garlic bread	Fresh fruit bowl Homemade orange cake Sugar-free strawberry mousse
Tuesday	Homemade chip shop style chicken curry	Homemade chip shop style vegetable curry	Steamed rice Egg fried rice Mixed leaf salad	Fresh fruit bowl No added sugar assorted jelly Homemade yoghurt pots
Wednesday	Roast chicken or honey roast gammon	Homemade cauliflower cheese	Rich roast gravy Homemade roast potatoes Carrot & swede Sage & onion stuffing	Fresh fruit bowl Belgian waffles Homemade rocky road
Thursday	Sausage rolls	Cheese rolls	Baked potato wedges Garden peas Sweetcorn Baked beans	Fresh fruit bowl No added sugar assorted jelly Homemade yoghurt pots
Friday	Baked MCS cod fish fingers	Protein packed Quorn nuggets	Chips, baked beans, fruity curry sauce and homemade mushy peas	Fresh fruit bowl Homemade lemon drizzle Sugar-free chocolate mousse